The world's largest global newspaper
metro®
CALGARY • TUESDAY AUGUST 25 2009 metronews.ca

SO YOU THINK YOU CAN
DANCE
CANADA
TUESDAY 8
CTV

POST-SECONDARY ENROLMENT SPIKES, PG 4

Canadian Legal Resource Centre Inc.
CALL NOW! Mon-Sat Daytime & Evening Appointments
403.229.2774 FREE CONSULTATION
UNCONTESTED DIVORCES
Legal Separation Agreements
Spousal Land Transfers
www.canadianlegal.org
CRIMINAL RECORD?
Canadian Pardons
US Travel Waivers
Fingerprinting
21+ years experience
Voted #1 Paralegal
Why pay more?

The world's largest global newspaper
metro
CALGARY • TUESDAY, AUGUST 25, 2009 metronews.ca

Every minute of every day, someone needs blood.
Please call
1 888 2 DONATE ext.222
Canadian Blood Services
it's in you to give
BLOOD.CA
1 888 2 DONATE

Jackson's death linked to drugs: Documents

INVESTIGATION Pop star Michael Jackson died from a fatal dose of an anesthetic called propofol, leading authorities to suspect his doctor of manslaughter, court documents showed yesterday.

Michael Jackson

The investigation into the singer's death in June has focused on Conrad Murray, Jackson's personal doctor who was with him when he died.

Murray's attorney, Ed Chernoff, was not available to comment.

REUTERS

MORE COVERAGE, PG 7

Sports pg 19

2010 men's hockey camp underway

Beauty pg 20

Polish those pearly whites

Celebrity Buzz pg 24

Heidi takes pageant stage

ShareYourViews
calgaryletters@metronews.ca

CORNELIA NAYLOR/FOR METRO CANADA

Thunderbird Motel manager Kevin Walker shows media to the room where he discovered, hanging from a coat rack, the body of Calgarian Ryan Jenkins, who was on the run from law enforcement agencies after being charged with the murder of Los Angeles swimsuit model Jasmine Fiore. Walker initially charged the media $500 to get in, according to reports, but was not charging late yesterday afternoon.

Mystery woman with Jenkins ID'd

'Person of interest' may face charges in murder case

KRISTEN THOMPSON and CORNELIA NAYLOR
Metro Canada

The woman who allegedly helped suspected murderer Ryan Jenkins book a room at the Thunderbird Motel in Hope, B.C., has been identified, but her name is not being released, RCMP said yesterday.

Jenkins, who was found hanged in his room on Sunday afternoon, checked in on Thursday with a woman driving a silver PT Cruiser with Alberta licence plates.

The manager of the motel, Kevin Walker, said Jenkins sat in the car while the blonde woman paid $140 in cash for three nights, and then left.

"At this time, (the woman's) identity cannot be revealed as the investigation into her presence and actions at the motel continues." RCMP Sgt. Duncan Pound

"The woman is now a person of interest in this investigation but she is not considered a risk to public safety," said RCMP Sgt. Duncan Pound.

"At this time, her identity cannot be revealed as the investigation into her presence and actions at the motel continues."

Pound said the woman could face charges of accessory to murder after the fact.

Media descended on the Thunderbird Motel after police confirmed the dead man Walker discovered in Room 2 of the secluded highway motel was Ryan Jenkins, the object of a nationwide manhunt who was charged with the murder of his ex-wife, Los Angeles swimsuit model Jasmine Fiore.

Global National reported media were allowed into the room if they paid $500.

Walker said he stopped taking the fee after a few early news crews paid and added that he intends to use some of the money to help clients at the motel, many of whom are on social assistance and struggling with addiction

"The money I did take made me feel so sh--ty because it's blood money, but if I can turn it into a better good, I will."

Walker, a single father who lives with his 16-year-old son at the motel, had stopped charging the fee by yesterday.

High-risk offender released on bail

AMY GREGSON
for Metro Calgary

CAUTION Calgary police are warning the public about the release of a high-risk offender back into the city yesterday.

Keegan Troy Spearchief, 23, was released on bail as he awaits charges of trespassing by night and breaching his conditions.

"We believe Spearchief poses a risk to re-offend to the community of Calgary," said Staff Sgt. Todd Zelensky.

A judge had previously denied Spearchief bail until all information regarding the case was heard yesterday.

Spearchief has a history of randomly selecting homes, breaking in and sexually assaulting females. Police said he is more dangerous under the influence of drugs and alcohol.

Keegan Troy Spearchief

Spearchief is out on bail on a number of conditions including seeking and maintaining employment, a curfew from midnight until 6 a.m., prohibition from drugs and alcohol, and a residency requirement.

Spearchief was previously designated as a high-risk offender and is under the supervision of the police's high-risk offender program.

"We have a variety of techniques and strategies we employ with every high-risk offender," said Zelensky.

He added police don't support any actions of vigilante justice against Spearchief.

For more information, contact Sgt. Rich Veldhoen at (403) 206-8711.

Free Daily News Group Inc., operating as Metro Calgary. 120, 3030 - 3 Avenue NE, Calgary, Alberta T2A 6T7. Publisher: Steve Shrout

MIDNIGHT MADNESS

WEDNESDAY AUGUST 26TH

LOWEST PRICES!!!

EXCLUSIVE SALE PRICE LISTS UPON ARRIVAL

CA$H WIND TUNNEL

See how much cash you can grab off your next vehicle purchase

1 in 100 Chance

WIN YOUR TUITION

or $5000 CASH

when you purchase a new vehicle from CMP

up to **$10,500** in cash credits

up to **0% INTEREST** for **72 MONTHS**

PAYMENTS FROM $73 ZERO DOWN

payments based on a Pontiac G3, sale price $10,988, 84 month 5.79% biweekly payments, O.A.C, fees and GST extra, errors and omissions exempt

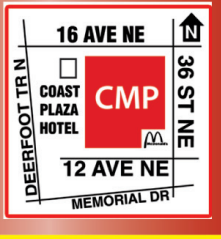
Calgary's GM Choice

CMP GM

CHEVROLET PONTIAC BUICK GMC Cadillac

403-207-2457

cmpauto.com



CORNER OF 16TH AVE & 36 ST. N.E. MONDAY - THURSDAY 8AM-9PM FRIDAY 8AM-6PM SATURDAY 9AM-6PM

AMVIC LICENSED

Police investigate Red Deer construction site accident
Two workers in Red Deer were taken to hospital yesterday after a "bobcat"-type of machinery toppled into an excavation at a construction site and struck them, police said. Both victims were male, one in his 50s and the other in his 20s. Police are investigating. METRO CALGARY

Local

KISS to make a Sonic Boom in Calgary?

Pucker up Calgary ... and dust off your makeup, teased hair and spiked clothing — KISS is reportedly headed to Pengrowth Saddledome in Calgary as a part of the band's 35th anniversary tour and on the heels of the newest album, Sonic Boom. Ticket information for the Nov. 12 concert will be available soon through ticketmaster.com. METRO CALGARY

METRO INTERNATIONAL NEWSPAPER OF THE YEAR
2009 Festival of Media Awards

News in brief

WILDFIRES More Alberta firefighters will bolster the ranks of those already in B.C. battling wildfires. The province yesterday said 140 additional firefighters would join 150 already in B.C. fighting fires that have been scorching through tinder dry forests. The extra personnel can be sent because Alberta's 13 current wildfires are under control, they said.

GREENSPAN The man who controlled the purse-strings of the United States for almost 20 years is coming to Calgary. Former Federal Reserve chairman Alan Greenspan will be speaking at the Calgary Stampede BMO Centre on Nov. 10, focusing on the world economy and the future of the energy sector. Greenspan served four presidential administrations.

CRASH Arson investigators believe a stick was pressed onto an accelerator to smash a stolen car into a garage yesterday. Fire crews sped to the garage in the 3400 block of 60 St. N.E. where the vehicle had smashed through the structure and was engulfed in flames. Significant damage was done to the garage, a travel trailer and a shed.

VICTIM Police have identified the victim of a fatal weekend crash near Standard. John Raymond Worthington, 60, of Standard, was pronounced dead when his Dodge pickup hit the ditch near the Central Alberta town 80 kms east of Calgary on Saturday. Police are still investigating and witnesses are asked to call Strathmore RCMP at 403-934-3968. METRO CALGARY

ADVERTISE TODAY!
1 888 91 metro (63876)

Investing in the future

Clinical Skills centre for veterinarians a first of its kind in Alberta

AMY GREGSON
for Metro Calgary

Amber Hutchinson and her classmates spent their first year of veterinary school at the University of Calgary in trailers turned into makeshift classrooms to do academic and practical work with animals.

All the while, students watched as the new Clinical Skills Building at the Spy Hill Campus was being built within sight.

Yesterday, the new state-of-the-art building opened with the technology capabilities for more than 120 students to learn diagnostic, surgical and professional veterinary skills.

"For us to be able to come into this building now and see all the amazing resources we have available, it's pretty exciting," said Hutchinson.

Dr. Alastair Cribb, dean of the faculty of veterinary medicine, said this building allows students to get the on-hands training they need, especially when required to go and work in the field in their fourth year.

"They need to have all those clinical skills down," said Cribb. "This building is critical to allow that training to occur."

MLA Doug Horner, minister of Advancement Education and Technology, said this building will also help assist in research for public health involving animals, for example BSE or influenza A (H1N1), also known as swine flu.

"We have to have an understanding of zoonosis and the relationship between animal and human health and how that transcends."

The building, in which the province invested $65 million, is the first of its kind in Alberta and the first one to be built in the last 20 years in Western Canada.

ROBIN KUNISKI/FOR METRO CALGARY

John Perraton, of the U of C, Doug Horner, minister of Advanced Education and Technology, and Tegan Olesen, second-year veterinary student get to meet Blue, a Braunview cow, while taking a tour of the new veterinary Clinical Skills Building.

City aldermen prepare to adopt-a-ward

SHAWN LOGAN
for Metro Calgary

POLITICS Calgary aldermen are preparing to "adopt" a southwest riding if its current representative snares an open provincial seat in a September byelection.

Ward 13 Ald. Diane Colley-Urquhart is running under the Progressive Conservative banner in Calgary-Glenmore for the Sept. 14 byelection, which would likely see the ward remain unfilled if she reclaims the seat for the Tories.

Diane Colley-Urquhart

Wanda Seatter, with the city's election office, said council would determine the need for a byelection should Colley-Urquhart win, but with only a year until the next civic election, it would likely remain vacant.

"It would be like adopt-a-ward — every alderman would take a piece of the committees and the city would keep the aldermanic assistants in place," she said, noting a report will likely come before council on Sept. 28 if the seat is vacated.

Ald. Brian Pincott, whose ward borders Colley-Urquhart's, expects he and Ward 14 Ald. Linda Fox-Mellway would shoulder most of the responsibility.

But he doesn't think local politicians should be discouraged from seeking higher office, even if that means a ward will go under-represented.

"I don't think you should do anything in any job that inhibits career development," he said.

Colley-Urquhart said she had discussions with the aldermanic office in June to ensure her constituents will be in good hands should she leave her position prior to the next civic election in 2010.

School bus routes filled by drivers

EDUCATION For the first time in decades, city school bus companies have enough drivers for all routes — prior to the start of the new school year.

Representatives from both First Student Canada and Southland Transportation said a slumping economy has helped filled vacant positions to the point where all routes are covered.

"With the economy in Alberta it's always been a problem getting drivers," said Wayne Scaddan, from First Student Canada.

First Student Canada has enough drivers to cover approximately 420 routes and Southland has enough to cover 500 routes, both in the Calgary Catholic School District, Calgary Board of Education and outlining areas.

Melissa Sanderson, from Southland, said it hasn't been since 1988 when the Calgary Olympics were held that they had enough drivers.

"It's a nice change from previous years," said Sanderson.

Both companies said they still recruit on an ongoing basis to have back-up drivers and high turnover rates.

AMY GREGSON/
FOR METRO CALGARY

metronews.ca
WHAT'S ONLINE TODAY
Your Money Allan Small on why fears of a market pullback are no reason to sell off your investments at metronews.ca/investing

SEE us first for:
• FREE Vision Testing*
• Designer Eyewear • Contact lenses
• Blue Cross direct billing
*some restrictions apply
Calgary Optical & CONTACT LENS
New bigger and brighter location
100, 1000 – 8th Ave SW • 403-262-6690 • www.calgaryoptical.com

100% FINANCING
5-year 100% financing rate 4.35%,
At $300,000 payments $1,430/month
One Alberta regulated lender is still offering 100% financing at discounted mortgage rates.
YMT Your Mortgage Team
TMG
Layne Walters, Your Mortgage Team
Call for pre-approval 403-466-5363
Strong credit & income required. Rates subject to change. O.A.C.E. & O.E.
403.466.5363 • layne@YourMortgageTeam.ca

ADVENTURE!
Teach English Overseas
TESOL Certified in 5-Days
In-Class or Online NO DEGREE REQUIRED!
1-888-270-2941
FREE Info Seminar... Call for details!
Job Guaranteed
globaltesol.com
GLOBAL TESOL COLLEGE

Comic's prize winnings no joke

This is no laughing matter. Calgary comic Brian Stollery beat out seven others to take the title of Canada's Next Top Comic and will perform live at XM Satellite Radio stage at Global ComedyFest Vancouver on Sept. 17. Stollery also pockets $2,000 cash. METRO CALGARY

Recession bump has education centres full

SHAWN LOGAN
for Metro Calgary

The recession blues have led to a spike in enrolment at Calgary's post secondary institutions.

Mount Royal College, SAIT and the University of Calgary are all reporting a significant jump in applications for 2009, which will also see more prospective students turned away than in previous years.

Gord Nixon, SAIT's VP Academic, said it's normal for colleges and universities to see a boom in applications when the economy sags and this year is no exception.

> **"We can't make room for everybody."**
> Gord Nixon, SAIT's VP Academic

"I've been through a couple of recessions and every time it happens there are always people going back to retrain," he said, noting SAIT is looking at a nine percent increase in applications, far higher than an average year.

"Ultimately we have a fixed capacity funding wise and space wise so we can't make room for everybody."

Mount Royal has seen a 15 percent rise in applications this year, which will see as many as 4,000 students turned away when a normal year would see about half that amount, said Robin Fisher, the college's VP Academic.

"It's traditional in an economic downturn for people to improve their education but we're also providing new post-secondary programs so I'm sure it's a bit of both," he said.

The U of C is also seeing an unusual boost in applications with a 10 percent total hike, according to Ann Tierney at the school.

The HP Photosmart C4780 All-in-One Printer

Print, scan and copy virtually everything from anywhere. The wireless HP Photosmart C4780 All-in-One gives you the freedom to print anywhere in your home or dorm room.[1] Whether it's for school or anything but school, you can do it all.

Use the HP TouchSmart Frame to conveniently print, edit and personalize lab-quality photos. And this All-in-One is designed with the environment in mind. The ink cartridges are made from at least 50% recycled plastic.[2]

Plus HP Original inks give you up to 65% more pages than bargain inks.[3] Or you can print even more for less with our XL ink cartridges. So you can write longer papers, you know, if you wanted to. Visit your local retailer or learn more at **hp.ca/declare**

Don't forget to stock up.

FUTURE SHOP

HIT PRINT WIRELESSLY

© 2009 Hewlett-Packard Development Company, L.P. Simulated images. [1]Wireless access point and Internet service is required and not included. Availability of public wireless points is limited. Wireless performance is dependent upon physical environment and distance from access point. [2]Using HP 60 ink cartridge bodies. For more information please visit www.hp.com/go/recycledplastic [3]QualityLogic 2009 study comparing yield and reliability of HP and refilled inkjet cartridges. Details: www.qualitylogic.com/2009HPinktest.pdf *All prices are suggested retail price in Canadian dollars. Retailer may sell for less and prices are subject to change. Not all products available at all locations.

City police arrest high risk offender

CHARGES Calgary Police have arrested and charged a local high risk offender with assault after police were made aware of a domestic dispute.

Staff Sgt. Todd Zelensky said the offender was in a relationship with the victim, who suffered minor injuries, and that she was aware of his history.

Zelensky said they're concerned because of the seriousness of the incident.

Jack Samuel Froese, 29, has been charged with assault, assault with a weapon, damage to property, uttering threats and three counts of breaching his recognizance.

Froese was under the supervision of the Calgary Police High Risk Offender Program.

Hail a taxi and win the lottery

ADVERTISING Want to know the latest tally on the lottery jackpot? Starting Sept. 19, you can just hail a cab.

An advertising campaign for Western Canada Lottery Corporation will feature LED displays atop cabs in Calgary, Victoria, Vancouver, Edmonton and Grand Prairie — along with other Canadian cities.

The displays — designed by M2 Universal and deployed by Calgary's Umbrella Media taxi network - will be able to update the million-dollar figures via satellite technology.

Cabs will feature two and three-sided ads, along with bumper wraps and interior posters.

News in brief

ALLEGATIONS A man wanted in connection with an alleged abduction in Edmonton over the weekend turned himself in to Calgary police Monday. The man allegedly kidnapped an ex-girlfriend in the provincial capital.

METRO CALGARY

Get a jump on life with web to go.

Check your stocks on a patio. Get news updates from the dressing room. Facebook® on the bus. Web to go with a TELUS phone puts you one click away from making the most of your time from virtually anywhere.[1]

Treo™ Pro by Palm®

$149.99[2] | $549.99
(3 year term) (no term)

NEW BlackBerry® Tour™ 9630 smartphone

$229.99[2] | $599.99
(3 year term) (no term)

HTC Touch Pro2™

$249.99[2] | $649.99
(3 year term) (no term)

$45 /month[3] Your Choice Smartphone Combo 45

- 500 MB: personal email, IM, web browsing and video streaming[4]
- Up to 200 local anytime minutes + up to 50 bonus local anytime minutes[4]
- Includes your choice of features such as unlimited nationwide talk & text[4] with your 5 favourite numbers[7]
- **PROMO:** Unlimited local early night (6pm) and weekend calling[8]

TELUS
the future is friendly®

TELUS AUTHORIZED DEALERS

CALGARY NORTHWEST

Beacon Hill Centre
Central Landmark Mall
Dalhousie Station
Market Mall
North Hill Centre
Northland Village Mall
822 Crowfoot Cres. NW
207 14th St. NW

NORTHEAST

Country Hills Town Centre
Deerfoot Mall
Marlborough Mall
Sunridge Mall
2420 42nd Ave. NE
1353 32nd Ave. NE
2520 23rd St. NE
2000 McKnight Blvd. NE
323 - 2555 32nd Ave. NE

SOUTHWEST

Bankers Hall
Bow Valley Square
Chinook Centre
MacLeod Plaza
Southcentre Mall
TD Square
Westbrook Mall
Westhills Towne Centre
6039 Centre St. S
835 17th Ave. SW
245 - 225 7th Ave. SW
16061 MacLeod Trail S
264 - 6100 MacLeod Trail S
1 - 4623 Bow Trail SW
203 - 321 6th Ave. SW
5 - 2008 33rd Ave. SW
4825 MacLeod Trail S

SOUTHEAST

Dragon City Mall
TELUS Convention Centre
856 - 33 Heritage Meadows Way SE
1288 42nd Ave. SE
7845 Flint Rd. SE
4410 50th Ave. SE
3012 17th Ave. SE
10836 24th St. SE
109S - 8500 MacLeod Trail S
4949 Barlow Trail SE

Okotoks

181 - 31 Southridge Dr.
118 Elizabeth St.

Strathmore

8 - 55 Wheatland Trail
103 - 331 3rd Ave.

For more details on these great offers, visit your TELUS authorized dealer or retailer, visit telusmobility.com or call 1-866-264-2966.

FUTURE SHOP BEST BUY Walmart LONDON DRUGS Visions

Phone availability and price may vary. Prices are subject to change without notice. Effective net price after in-store discount at time of activation. 1. Within the TELUS 3G network coverage area. See coverage maps at telusmobility.com/3G for more details. 2. Available for clients (new and renewal) who activate on a 3 year term with any non-promotional voice rate plan of $20 or greater and data add-on of $15 or greater. TELUS reserves the right to modify eligible rate plans with this offer at any time without advance notice. 3. Offer available until November 3, 2009, unless otherwise stated. Taxes, long distance, additional airtime, roaming, pay-per-use charges, monthly system access fee ($6.95) and monthly enhanced 911 emergency service access charges ($0.75) are extra. 4. Device usage beyond the 500 MB/month will be charged at 5¢/MB. Data used while roaming in the U.S. is charged at $3/MB. Any usage incurred through a laptop/computer will be charged at $8/MB. Cannot be combined with any other data plan. Email is available on BlackBerry® smartphones (with BlackBerry Internet Service only). Instant messaging available with BlackBerry Messenger on BlackBerry smartphones only. Video streaming is available on select handsets only and available in Wireless High Speed and digital 1X coverage areas. Video streaming is available to select mobile sites; please visit telusmobility.com for a current list of supported sites. 5. Bonus minute offer is available on a 1, 2 or 3 year service agreement until November 3, 2009. Bonus minutes are not doubled when the client chooses double anytime minutes feature. 6. An additional 10¢ charge will apply for each text message or attachment sent outside of Canada and the U.S. Premium messages are not included. 7. Your five numbers must be Canadian domestic numbers and must not include your own TELUS mobile phone number, your voice mail retrieval number, toll-free or 900 numbers. Nationwide talk & text refers to local and Canadian long distance calls made to or received from your mobile phone, and subject to additional roaming, and/or international charges. Text messages can only be sent and received from other mobile phones and subject to roaming and international charges. You may change the five numbers once per billing cycle by visiting mytelusmobility.com. 8. 6pm early night and weekend calling offer is available on a 1, 2 or 3 year service agreement for new activations only until September 30, 2009. TELUS, the TELUS logo and the future is friendly are trademarks used under licence from TELUS Corporation. BlackBerry®, RIM®, Research In Motion®, SureType®, SurePress™ and related trademarks, names and logos are the property of Research In Motion Limited and are registered and/or used in the U.S. and countries around the world. Used under license from Research In Motion Limited. Facebook is a registered trademark of Facebook, Inc. All other trademarks are the property of their respective owners. © 2009 TELUS.

Forces need more staff: Military chief

The military needs to hire 8,000 regular forces and 6,000 reservists to support its duties and make up for retirements and other departures, according to Canada's chief of defence staff, CBC News Online reports. METRO NEWS SERVICES

Canada

Maple Leaf takes out anniversary ads

Maple Leaf Foods Inc. took out full-page ads in a number of Canadian newspapers to mark the one-year anniversary of the listeriosis outbreak in which 22 Canadians died, CBC News Online reports. Maple Leaf Foods, headed by CEO Michael McCain, whose meat products were linked to the deaths, said that as a result of the outbreak, the company was committed to "becoming a global leader in food safety to prevent this kind of a tragedy from ever happening again." METRO NEWS SERVICES

Apartment Finder
To advertise contact Warren Smith at 403-539-4948

realstar management
RENT NOW AND CHOOSE YOUR $300 INCENTIVE!

CALGARY PLACE APTS.
609 8TH STREET
1 & 2 bdrm suites, Gym, games room, 1 block to LRT, Utilities included, Close to all amenities & On site management
1-877-570-7025
www.calgaryplace.com

ROYAL VIEW APTS.
1320 16TH AVE. SW
Live in the Trendy Beltline, 1 & 2 bdrm suites, Gym, sundeck, 1 block to 17th Ave., Utilities included & On site management
1-877-572-1835
www.royalviewapts.com

GLENMORE HEIGHTS
620 67TH AVE. SW
1 & 2 bdrm suites, Gym, social room w/ full kitchen & library area, 1 blk to Chinook Center, Utilities included & On site management
1-877-617-9803
glenmoreheights.com

GLENMORE GARDENS
2105 90TH AVE SW
1 & 2 bdrm suites & T/H social room w/ full kitchen & sitting area, Indoor pool & sauna, Close to all amenities & On site management
1-877-584-2285
glenmoregardens.com

Effective and cost effective.
To advertise in Metro's Apartment Finder, call Warren today! 403-539-4948
metro Do it daily.

Olympic troopers?

Soldiers could be recalled to guard 2010, memo says

Canada could outsource military work in Afghanistan and pull its soldiers from low-profile foreign missions to relieve the pressure of fighting in Kandahar, guarding the 2010 Olympics and securing a meeting of world leaders next summer in Muskoka, Ont.

According to documents, more than 32,000 military personnel — about half the entire Canadian Forces — will be in training or set to deploy on missions to Kandahar, the Vancouver Olympics and a G8 meeting in Huntsville, Ont., between this summer and July 2010.

That staffing burden makes it impossible to carry on current operations and still respond to the weekly requests for Canadian soldiers from the Americans, NATO and the United Nations, the military says.

"We ... are now at the point where some requests that would seem to be minor (e.g., for only a few personnel) are, in reality, difficult to source initially and impossible to sustain over the 2010 timeframe," says a March 17 memorandum to chief of defence staff Gen. Walter Natynczyk.

Already military officials plan to pass some of the force's signature work in Afghanistan, such as the operation of a military college for Afghan army officers, to civilian contractors or retired soldiers. Canadian soldiers in Kandahar will also be ordered to train and mentor additional Afghan army batallions on the frontlines without the help of more troops, say the documents, obtained under the Access to Information Act.

Canadian participation in smaller peacekeeping missions could end or be cut, the memo also reveals. TORSTAR NEWS SERVICE

Training

- Training Afghan soldiers was one of Ottawa's key priorities when Parliament agreed to extend the Afghan mission to 2011, a program Defence Minister Peter MacKay said just last month Canada was "proud to sponsor."

News in brief

VANCOUVER 2010 The International Olympic Committee overseeing the lead-up to the 2010 Games in Vancouver will meet there this week for the last time before the Games begin. The IOC will meet with Games staff to approve last-minute changes. METRO CANADA

POLITICS The Conservatives have leaped to a strong lead, a poll released yesterday showed, while a second survey showed the party remaining in a deadlock with the opposition Liberals. Results from Ipsos Reid put the Conservatives at 39 per cent among likely voters, a level that would be close to delivering a majority, with the Liberals down to 28 per cent. A Harris-Decima poll put the Liberals ahead 32 per cent to 31 per cent. REUTERS

MEAT Rory McAlpine, a high-level Maple Leaf Foods executive, has been caught on camera joking about last year's listeria outbreak that killed 22 people. TORSTAR NEWS SERVICE

OIL SANDS TRADE SHOW AND CONFERENCE
NORTHLANDS
EDMONTON, ALBERTA

OPTIMAL OUTCOMES
Changing the Face of Oil Sands
THE WORLD'S PREMIER OIL SANDS EVENT

FEATURING
9th Annual Athabasca Oil Sands Conference

SESSIONS INCLUDE:
In Situ Processes and Technology
Economics and Regulatory
Environmental Advancements
Plant Efficiencies and Cost Reductions
Roundtable Discussion

Competitively priced at $575 CDN for two full days and includes meals, conference proceedings, admission to the Industry Grand Reception and Exhibition Floor.
REGISTER NOW
www.petroleumshow.com

Endorsing Partners:
osdg THE OIL SANDS DEVELOPERS GROUP Energy From Athabasca
IOSA IN SITU OIL SANDS ALLIANCE

September 22 & 23, 2009
Northlands Agricom, Edmonton, Alberta
www.petroleumshow.com

Madoff not terminally ill: Prison bureau

Wall Street swindler Bernard Madoff has not been diagnosed with cancer, the U.S. Federal Bureau of Prisons said yesterday, knocking down a report that Madoff was dying of the disease. The New York Post had reported that Madoff, 71, who is serving a 150-year sentence at a federal prison, told inmates he does not have long to live. The paper cited unnamed prison sources. REUTERS

World

Mice heading to space today

Space shuttle Discovery was on track for an early morning launch today to deliver supplies, lab gear and mice for experiments aboard the International Space Station. As the assembly of the space station winds down, NASA and its partners — Canada, Russia, Europe and Japan — are shifting focus to research programs. Eight mice, including four that were genetically enhanced with a double portion of a bone-building gene, will be left on the station as part of a study to find out why astronauts' bones break down in the gravity-free world of space. REUTERS

Lethal dose killed Jackson: Document

Michael Jackson died from a lethal dose of the powerful anesthetic propofol, according to findings by the Los Angeles chief medical examiner unsealed in court documents in Houston yesterday.

Jackson suffered cardiac arrest and died on June 25 at age 50. Since then, an investigation by state and federal agencies have focused on Conrad Murray, Jackson's personal doctor who was at his side the day he died.

"The Los Angeles Chief Medical Examiner-Coroner ... indicated that he had reviewed the preliminary toxicology results and his preliminary assessment of Jackson's cause of death was due to lethal levels of propofol (diprivan)," according to a warrant to search Murray's offices in Houston.

In an affidavit seeking the warrant, Houston police officer E.G. Chance said U.S. agents had gathered "items constituting evidence of the offence of manslaughter that tend to show that Dr. Conrad Murray committed the said criminal offence."

Murray, who was in Jackson's bedroom on June 25 administering drugs to ease the pop star to sleep, administered a wide range of drugs before he died, including a 25-milligram dose of propofol via an intravenous drip, the state search warrant said. REUTERS

Pop icon's final moments?

- According to the document released by a Houston court, in the early hours of June 25, Dr. Conrad Murray also gave Michael Jackson doses of Valium, ativan, and versed, the filing said. Jackson went to sleep after Murray administered the propofol, and Murray stayed by his side for about 10 minutes and then left "to go to the restrooom and relieve himself," the search warrant said. Murray was out of Jackson's room for about two minutes and when he returned, Jackson was no longer breathing, the warrant said.

News in brief

CIA U.S. Attorney General Eric Holder yesterday named a special prosecutor to probe CIA prisoner abuse cases, a move that could distract President Barack Obama from his drive to reform health care. Holder's decision came after the U.S. Justice Department's ethics watchdog recommended considering prosecution of Central Intelligence Agency employees or contractors for harsh interrogations in Iraq and Afghanistan that went beyond approved limits.

GREECE Dying winds yesterday helped firefighters beat back wildfires near the suburbs of Athens. REUTERS

Minister claims victory for Karzai

ELECTION Afghanistan's finance minister claimed victory yesterday for President Hamid Karzai in last week's presidential election but, with no official figures released, the claim was rejected by his main rival's camp. REUTERS

Are you unemployed?
Are you 18 years of age or over?
Do you have Grade 10 with strong Math skills?

BASIC MACHINIST OPERATOR TRAINING

TAKE ADVANTAGE OF A PROGRAM THAT COMBINES SAIT TRAINING AND MCBRIDE CAREER GROUP EXPERTISE TO HELP YOU GET THE JOB YOU WANT

In 19 weeks you will get:
- SAIT Occupational Skills Training for CNC operations and manual machines
- McBride Career Group Essential and Personal Skills

Call today at 403-296-8678 and ask for more information

No cost to Eligible participants!

This service receives funding from the Government of Alberta & the Government of Canada

New to Canada? No Credit History?
No Problem!

We understand the challenges of building your life in Canada without a credit history. That's why we created the ***Scotiabank StartRight***™ program† with comprehensive financial solutions that can help you settle easier and sooner.

Scotiabank StartRight™
PROGRAM FOR NEWCOMERS

- ☑ FREE Day-to-Day Banking[1] (The *Scotia Powerchequing*® account)
- ☑ *No-Fee Scotia Moneyback*® VISA* card[2]
- ☑ FREE Safety deposit box[3]
- ☑ FREE Newcomers' Handbook[Δ]
- ☑ FREE 13 week subscription to National Post newspaper[¥Δ]
- ☑ FREE International long distance calling card[Δ]
- ☑ Save with online Western Union®* Money Transfers

For more details visit your nearest branch, www.startright.scotiabank.com or call 1-866-800-5159.

Scotiabank®

1 Free banking for one year when you open a new *Scotia Powerchequing* account with Scotiabank. Free banking offer refers to all account monthly transaction fees for the *Scotia Powerchequing* account package; additional fees apply for shared ABM services, cross-border debit transactions and all other banking services not included in the *Scotia Powerchequing* account package. 2 *No-Fee Scotia Moneyback* VISA card subject to meeting Scotiabank's eligibility and credit criteria. 3 Free small safety deposit box or 25% off other sizes for 1 year subject to availability and signing the Safety Deposit Box lease. † *Scotiabank StartRight* program, created for Canadian landed immigrants from 0-3 years in Canada. * VISA Int./Lic user The Bank of Nova Scotia. ®* The WESTERN UNION name, logo and related trademarks and service marks, owned by Western Union Holdings, Inc, are registered and/or used in the U.S. and many foreign countries and are used with permission. Δ Promotional offers available to customers who qualify for the *Scotiabank StartRight* program and who open the *Scotia Powerchequing* account, get *No-Fee Moneyback* VISA card or Safety deposit box; or who qualify for the Welcome to Canada mortgage program and obtain mortgage financing with Scotiabank. These offers are for limited period, subject to availability. ¥ Offer limited to new subscribers who have not had home delivery for at least 45 days. ® Registered trademarks of The Bank of Nova Scotia. ™ Trademark of The Bank of Nova Scotia.

CALGARY
Publisher, Steve Shrout
Managing Editor, Darren Krause
Distribution Manager, Dave Mak

METRO CANADA
Group Publisher, Bill McDonald
Editor-in-Chief, Dianne Rinehart
Assoc Managing Editor, Tarin Elbert
Enter/Lifestyle Editor, Dean Lisk
Asst Managing Editor, Amber Shortt
Art Director, Laila Hakim
National Sales Director, Peter Bartrem
Interactive/Mrktng Director, Jodi Brown

Comment & Views

EDITOR: MIKE.DEREZYCKY@METRONEWS.CA
METRO CANADA: TORONTO | OTTAWA | MONTREAL | HALIFAX | EDMONTON | CALGARY | VANCOUVER

Comment

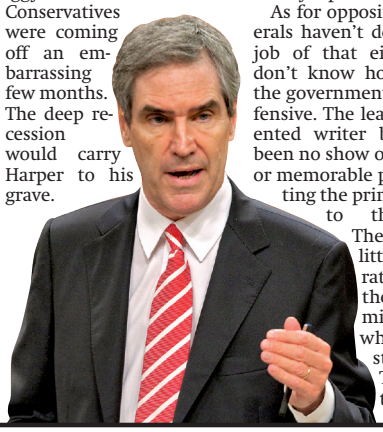
Iggy needs a makeover

It's official. The Liberal party strategy is a dud. A new Ipsos Reid poll — Conservatives 39, Liberals 28 — is the latest signal. While no one should read too much into one opinion sampling, the downward trend has been apparent for months. Michael Ignatieff's Liberals are backpedalling toward the lows of Stéphane Dion — and they shouldn't be surprised.

What else can be expected when you put out no new policies, no new vision, a leader who appears indecisive, and no sustained attack strategy on Stephen Harper?

The operation needs an overhaul and it needs it now. Iggy has been too beholden to a handful of advisers who brought him into politics. That's what happened to Paul Martin. The former prime minister placed too much power in the hands of a few close political friends.

The plan after Ignatieff took over the leadership last December was to play it safe. Canadians would be happy to see Dion gone. They would be excited by Iggy's fresh intellect. The Conservatives were coming off an embarrassing few months. The deep recession would carry Harper to his grave.



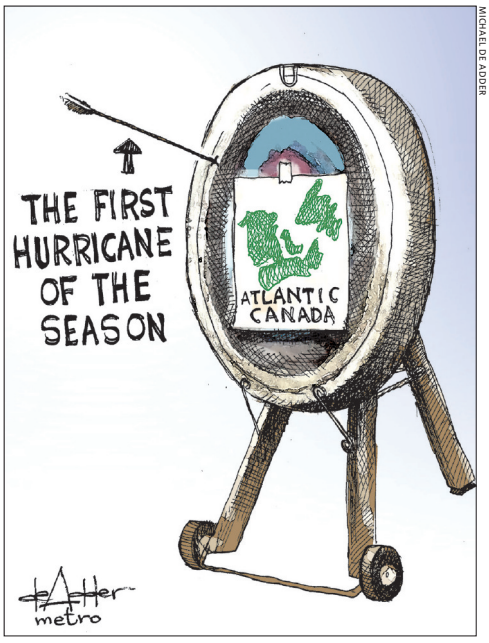
But the recession was short-lived and Iggy showed up with an empty bucket. His advisers kept him in low gear. Opposition leaders should only oppose, they told him. That might work for some, but not in Ignatieff's case. He was a world-renowned intellectual. He was expected to have new and captivating ideas for a public that was fed up with old-style politics.

As for opposing, the Liberals haven't done a good job of that either. They don't know how to keep the government on the defensive. The leader is a talented writer but there's been no show of rapier wit or memorable phrases cutting the prime minister to the quick. There's been little to separate him in the public mind from what Harper stands for. The notion that the Liberals could somehow capture the public imagination with an issue like employment insurance reform was cockeyed.

Iggy's office, which has done a good job on party financing and organization, says the national media hasn't been covering him this summer. The reason he hasn't been covered is he has had nothing really striking to say. Had he gone to Washington to see his Liberal soulmate, Barack Obama, that would have made for big headlines. He hasn't done it.

The latest brutal poll might actually do the Liberals some good. It might be the one that convinces them to change course. Dissenters close to the leader's shop will now have the ammunition to demand a change of strategy. They must do so. Otherwise Iggy risks becoming Icarus.

Lawrence Martin is a journalist and author of 10 books who writes about national affairs from Ottawa.



MICHAEL DE ADDER

Views

Time to find homes for Canada's waiting kids

At 17-and-a-half, "Adam" was about to age out of the foster-care system in Ohio, with nowhere to go when he turned 18. That's when a dedicated group of social workers at Northeast Ohio Adoption Services decided it was long past time the teenager found a permanent home.

Adam — a "quirky" kid — had never quite fit into any of his foster homes. He'd spent 14 years in care. Like many of the 500,000 kids in the U.S. child-welfare system, and the 100,000 or so children in care of our provinces, he faced a life without family or financial supports once the system deemed him an adult.

Unless someone stepped up to adopt Adam or become his legal guardian, he would be on his own the minute his 18th birthday rolled around.

"They were really truly going to have to drive him to the homeless shelter," says Cheryl Tarantino, a worker at the Ohio agency.

Fortunately for Adam, Ohio, like a growing number of U.S. states, is taking an aggressive approach to finding permanent homes for older children and teens in its care.

Labelled "extreme recruitment," these innovative approaches pay off. They are finding homes for the children and young people many states, provinces, and child-welfare workers previously considered "unadoptable."

In Adam's case, the Ohio county caring for him entered into a public/private partnership with the organization where Tarantino works to do what it couldn't: Find Adam a family.

Using Facebook and a model called "family finding," pioneered by youth permanency expert Kevin Campbell, the Northeast Ohio Adoption Services agency tracked down Adam's birth mother. Then they convened 44 biological family members.

On his 18th birthday, instead of a homeless shelter, Adam moved in with an aunt who became his legal guardian.

It's a process more Canadian provinces and children's aid societies need to explore. We need adoptive and other permanent homes for all of our kids in care — and we need to do whatever it takes to find those homes.

New Brunswick, Alberta and British Columbia are getting serious about finding homes for the older children and teenagers in their care. It's time the rest of the provinces and territories make this a priority, too, and learn from our neighbours to the south.

The teenagers in our child-welfare system shouldn't have to leave it without a home to visit on the holidays, and the love, support and helping hands of a family of their own.

Laura Eggertson is an award-winning freelance journalist based in Ottawa, and a former Nieman fellow at Harvard University.

Worth mentioning

Can you juggle, run and chew gum at same time?

The long-distance joggler understands better than most that the race is not always to the swiftest.

Joggling, juggling while jogging, requires a hand as sure as a foot is fleet. But for some well-co-ordinated multi-taskers, there's nothing quite like it.

"Once I get in a good joggling groove with a nice, relaxed stride and a perfectly timed cascade juggling pattern, it's pure poetry in motion," competitive joggler Michal Kapral said.

"I was amazed how the two things fit together in such a fluid motion — one ball toss for every step," said Kapral, who started joggling after reading about it in the Guinness World Records when he was 12.

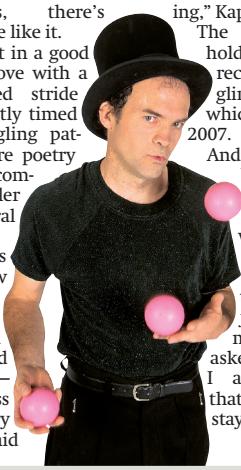
"Studies have shown that juggling boosts brain power, as does running, so the combination feels amazing," Kapral said.

The Torontonian holds the world record for the joggling marathon, which he set in 2007.

And true to his ambidextrous nature, he ran the entire race while chewing gum.

"I chewed the gum as a joke because so many people asked me if I could. I actually found that it helped me stay relaxed."

REUTERS



Metro Online Poll Results

70% SAID YES	Do you think the recession has affected government action on the environment? *Weigh in on today's question at metronews.ca*	30% SAID NO

Tell us your views by email to calgaryletters@metronews.ca or comment on metronews.ca or on Twitter @metrocalgary
Letters must include sender's full name, address and phone number – street name and phone numbers will NOT be published. We reserve the right to edit letters.

METRO Calgary 3030 – 3 Avenue NE, Suite 120, Calgary, AB T2A 6T7, Tel: 403-444-0136; Fax: 403-539-4940; Advertising: adinfocalgary@metronews.ca; calgary_distribution@metronews.ca; News: darren.krause@metronews.ca

Workers take it all off to try and save their jobs

13 male workers at a crisis-hit boiler factory in France have stripped off for a nude calendar in a bid to save 204 jobs slated for redundancy. Staff at the Chaffoteaux et Maury factory will use the proceeds to fund a trip to Italy where they plan to stage a protest at their parent company. REUTERS

Business

DOLLAR	GAS	OIL	TSX
US 92.85¢	US $2.87	US $74.37	10,789.97
US 0.42¢	US 7¢	US 48¢	41.21

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Weather hampering back-to-school sales

The recession may be over, but the weather remains unpredictable.

For many Canadian retailers, that's wreaking havoc with back-to-school sales.

With just two weeks left before school resumes, all sales projections have gone out the window now that summer has finally arrived — two months late.

Despite stronger-than-expected retail sales in June, according to data released yesterday, Canadian retailers remain worried about the back-to-school season, the Retail Council of Canada said.

4.4 Compared to previous years retail sales remain down 4.4 per cent.

Economists said the better-than-expected one per cent monthly increase in June to $34.4 billion in retail sales proves the recession is over.

But Canadian retailers say they still can't predict the weather. For clothing retailers, in particular, it could be another tough season.

"More than half of sales during back to school are apparel," noted Diane Brisebois, president and chief executive officer of the Retail Council of Canada.

While some purchases are necessary, like new shoes and pants, in milder weather parents and students can put off buying things such as overcoats until later when they're on special, Brisebois said. "So weather does play havoc."

The association is predicting sales will be "slightly" higher than last year.

Sales of basic school supplies, such as pencils and paper, will remain strong this season, industry experts predict, but profits on those items may be slim as so many retailers slash their prices to attract customers.

The season is the second most important one for retailers behind Christmas, the Retail Council of Canada says.

TORSTAR NEWS SERVICE

Small biz not ready for H1N1: Survey

Flu Outbreak

SURVEY Only one in 10 small-business owners in Canada have prepared for an outbreak of influenza A (H1N1), also known as swine flu, a survey by Bank of Montreal showed, even though the virus could have a huge impact on workplaces with only a handful of staff.

While concerns about a fall flu pandemic have spurred governments to order vaccines and schools to draw up plans to combat outbreaks, a Harris/Decima poll commissioned by BMO Financial Group found few small businesses had prepared.

The most obvious risk to small businesses is staffing, said Gail Cocker, senior vice-president of commercial banking at BMO.

"If you've only got three, four, five employees and have a health outbreak that affects two of them, suddenly 50 per cent of your workforce can be out," Cocker said.

But there are other risks as well, including a disruption among suppliers and a sudden drop in demand if fearful customers stop shopping.

Cocker said while half of small business owners in the June survey had some kind of contingency plan, 82 per cent did not even have a generic plan to deal with an emerging health issue and only 10 per cent had addressed it. REUTERS

All 2004–2009 Audi A4 models
0.9% APR up to 24 months†

New, with experience.
- Up to 6-year/120,000-kilometre limited warranty†
- Industry-leading 300+ point inspection
- CARFAX Vehicle History Report
- 24/7 Roadside Assistance

Audi

For the location of your nearest Audi dealer, visit audi.ca/certified or call 1-800-FOR-AUDI.

© 2009 Audi Canada. †Whichever occurs first. Maximum coverage available if there is remaining coverage from the Audi New Vehicle Limited Warranty. Audi CPO Limited Warranty effective for up to the earlier of 2 years/40,000 km. *Limited time finance offer available through Audi Finance, on approved credit. 0.9% APR financing available for up to 24 months on all 2004-2009 A4 models. Example: MSRP of $27,900.00 for a 2006 Audi A4 2.0T quattro Sedan with automatic transmission financed at 0.9% APR for 24 months, equals $1,325.97 per month. Dealer may sell for less. Down payment or equivalent trade-in, due at signing, may be required. Cost of borrowing is $296.28 for a total obligation of $31,823.28, including taxes and finance charges. PPSA, license, insurance, registration, any dealer or other charges and options extra. Offer valid until October 1, 2009 and may change or be withdrawn at any time without prior notice. Dealer order/trade may be necessary. "Audi", "A4", "quattro", and the four rings emblem are registered trademarks of AUDI AG. "CARFAX" is a registered trademark of CARFAX, Inc. To find out more about Audi or for more details, see your dealer, call 1-800-FOR-AUDI, or visit www.audi.ca/certified.

GM considering keeping Opel

AUTO INDUSTRY The long-running corporate drama involving the sale of General Motors' subsidiary in Europe has taken another turn with talk that the struggling U.S.-based auto giant may keep it.

GM's advisers have suggested the board consider seeking aid from other European governments beyond Germany so it doesn't have to sell control of Opel, according to news reports.

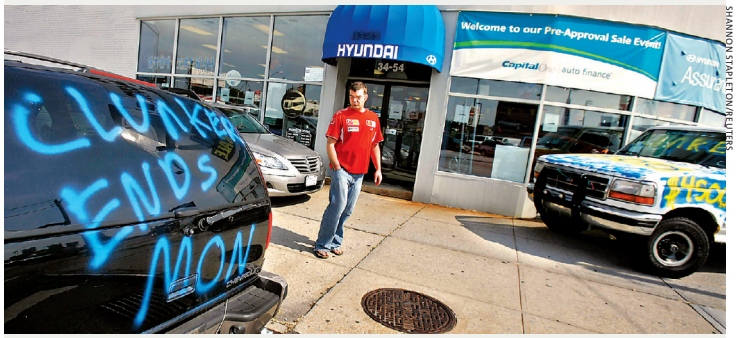
TORSTAR NEWS SERVICE

Business in brief

ELECTRONICS The world's top cellphone maker Nokia said yesterday it would start to make laptops, entering a fiercely competitive but fast-growing market with a netbook running Microsoft's Windows operating system.

ENERGY Crescent Point Energy Corp. said yesterday it agreed to buy Wave Energy Ltd., a closely held oil and gas producer, for about $665 million, as part of its expansion in Saskatchewan. REUTERS

Auto industry Last day of 'Cash for Clunkers'



SHANNON STAPLETON/REUTERS

A man looks at a car advertising the last day of the "Cash For Clunkers" auto rebates program at a Hyundai dealership in New York yesterday. Americans swamped auto dealerships yesterday during the final hours of the program that offered rebates of up to $4,500 to trade in older gas guzzlers.

RIM buys company to boost its web browser

SMART PHONES BlackBerry users who are frustrated with their mobile web browsing experience could be in for an upgrade.

Research In Motion Ltd., the Waterloo-based company that makes the popular BlackBerry smartphone, confirmed yesterday it has bought Toronto-based Torch Mobile for an undisclosed sum.

The deal would give RIM access to Torch Mobile's web browser, which is dubbed Iris and is based on an open source layout engine called WebKit.

Originally associated with Apple Inc.'s Safari browser, WebKit underpins the mobile browsers found on the iPhone, Google Inc.'s Android-powered devices and Palm Inc.'s Pre smartphone.

Observers say RIM's move signals its intention to overhaul the BlackBerry's existing web browser, which has been criticized for lagging behind those offered by rival smartphones.

TORSTAR NEWS SERVICE

Chocolate flavoured auction

The contents of the Hershey's candy factory in Smiths Falls, Ont., will be auctioned off on Thursday. Hershey, the largest employer in the town of 9,000, said it was closing the plant in 2007, putting 500 people out of work. TORSTAR NEWS SERVICE

Tang Dynasty Restaurant
#88, 197 – 1 Street SW | Chinese Cultural Centre | Tel: (403) 237-8808
Oriental Lunch Buffet $10.95
Lunch Box (from) $6.49
Viet. Pho' & Vermicelli (from) $7.25
15% Off
Dine in only, expires Sep 4/09

Credit card security a concern

Fresh details of large-scale cyber attacks against data processor Heartland Payment Systems Inc. and supermarket chain Hannaford Brothers show the challenges facing the efforts of the U.S. credit-card industry to upgrade security measures.

While both companies say their computer networks met the tough new standards meant to prevent data breaches, Visa Inc. said Heartland at least may have let its guard down.

The positions reflect broader disagreements in the industry, as squabbling between merchants and financial firms over technology and the cost of systems upgrades continues to impede progress, said Robert Vamosi, an analyst for California consulting firm Javelin Strategy & Research.

REUTERS

Rising problem

- U.S. fraud involving credit and debit cards reached $22 billion last year, up from $19 billion in 2007, according to a consulting firm Javelin Strategy & Research.

fido
Giving low prices a good home.
Goodbye old home phone. Hello savings!
CityFido™
› 2,000 anytime minutes[1]
› Unlimited text[2]
$40 per month[3] | No System Access Fees

Phones at $0 With 2-year Fido Agreement

BlackBerry® Pearl™ smartphone

MOTO W233 Renew

Nokia 1661
With 3-year Fido Agreement and Data add-on
Fido Cares
1. Text messages to warn you before you exceed your plan
2. Earn FidoDollars™ to change your phone for less
3. No System Access Fees (others charge up to $6.95 per month)
4. No term contract necessary
Start saving now! Shop fido.ca Drop by a store or call 1-866-301-3436
Offers and pricing subject to change without notice. 1. Local airtime minutes within the CityFido zone only; additional minutes in-zone minutes and airtime used for calls made and received outside your CityFido zone cost 35¢ per minute. 2. Includes text messages sent from Canada to a Canadian wireless number; text messages received from another mobile phone are free. Charges apply for premium text messages (alerts, messages related to content, contests and promotions). 3. A one-time activation fee of $35 per line applies. Additional airtime, long-distance, roaming add-ons and taxes are extra and billed monthly. Early cancellation fees apply with a Fido Agreement. ™ Fido & design, CityFido and FidoDollars are trademarks of Fido Solutions Inc. BlackBerry®, RIM®, Research In Motion®, SureType®, SurePress™ and related trademarks, names and logos are the property of Research In Motion Limited and are registered and/or used in the U.S. and countries around the world. Used under license from Research In Motion Limited. All other brand names and logos are trademarks of their respective owners. © 2009 Fido Solutions Inc.
FIDO STORES
Market Mall
Marlborough Mall
Chinook Centre
Southcentre Mall
Cross Iron Mills NEW
EXCLUSIVE DEALERS
CELLULAR BABY
Market Mall
Westbrook Mall
GENERATION WIRELESS
Deerfoot Outlet Mall
UNIPAGE
Central Landmark Mall
Dragon City Mall
Pacific Place Mall
FUTURE SHOP booth the telephone booth BEST BUY WIRELESSWAVE
WIRELESS etc... COSTCO WHOLESALE LONDON DRUGS Walmart

$499M deal to buy Verenex still valid: Firm

OIL China National Petroleum Corp's $499-million agreement to acquire Canada's Verenex Energy Inc. remains in effect, though the deal was to expire yesterday, Verenex's chief financial officer said.

Though Libya's government has said it may preempt the deal — which would see CNPC's international arm buy the Canadian firm for its oil properties in the North African country — the agreement remains valid until either party cancels it, said Verenex CFO Ken Hillier.

Verenex, a small Canadian oil producer that has concentrated on finding oil in Libya, agreed in February to sell itself to CNPC for $10 a share.

However Libya balked at the deal and said it may exercise its right of first refusal and buy Verenex's operations itself.

Verenex has been in negotiations with Libya but those discussions have yet to result in a solution.

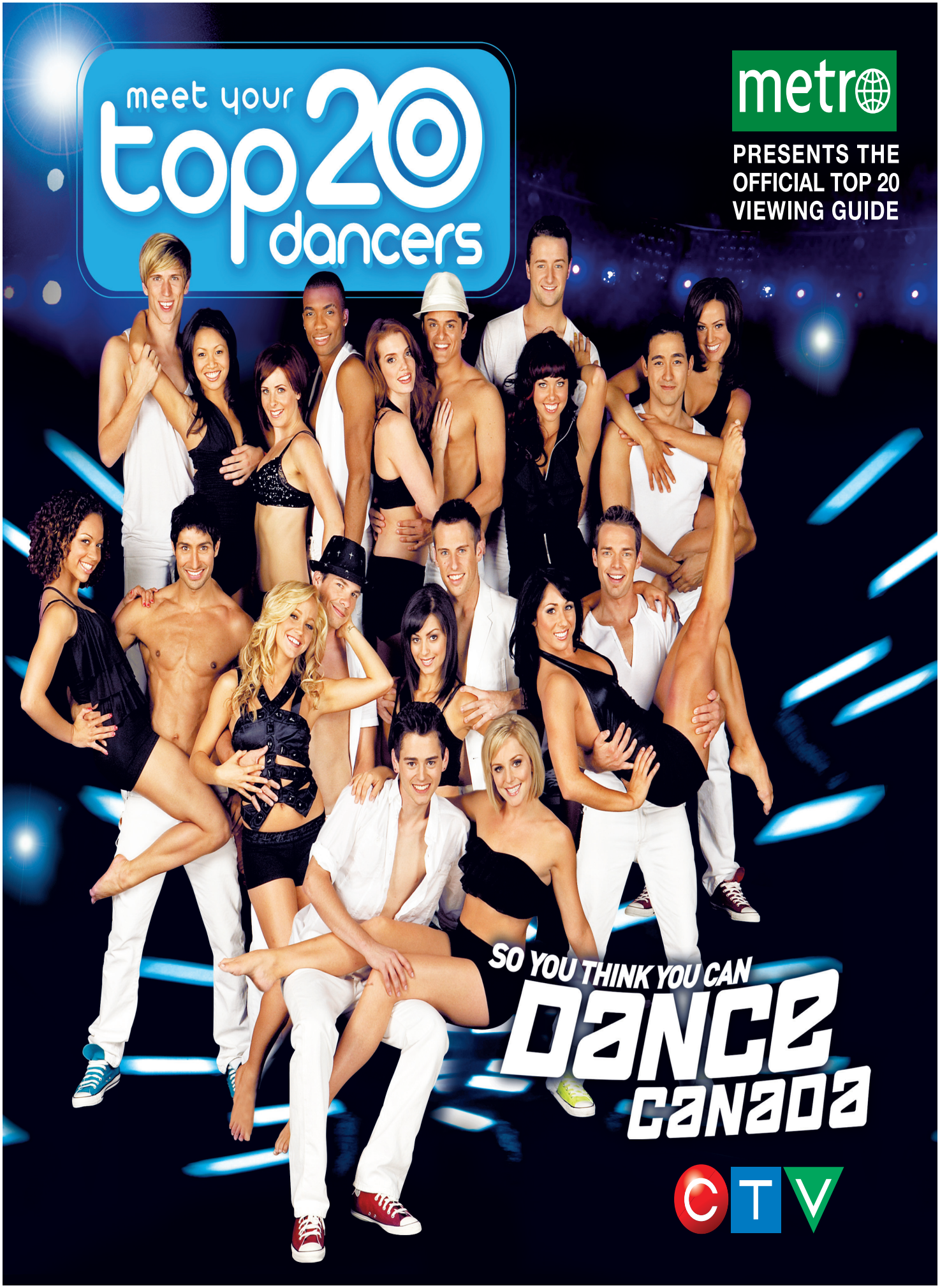
REUTERS

In brief

AUTO The assembler of Mitsubishi and Hyundai vehicles in Venezuela has suspended production indefinitely due to labour disputes, adding to the problems of the automotive sector in the OPEC nation. Assembler Sojitz Corp blamed acts of "indiscipline and anarchy" for the temporary closure of its plant in the east of the country. Labour strife has cut production at the plant to 33 vehicles a day this year from an average of 59 a day in 2004 despite a doubling of the workforce over the same period, Sojitz said.

REUTERS

Live In Caregiver needed for family with one young child. Req. flexible hours, weekend work. Fax resumes to 403-228-5708


meet your
top 20
dancers
metro
PRESENTS THE
OFFICIAL TOP 20
VIEWING GUIDE
SO YOU THINK YOU CAN
DANCE
CANADA
CTV

your top 20

Amy Gardner, 21
Calgary, AB
contemporary

Corynne Barron, 18
Edmonton, AB
classical
contemporary

Jayme Rae Dailey, 21
Montreal, QC
contemporary

Jenna Lynn Higgins, 18
Toronto, ON
jazz/lyrical

Kim Gingras, 23
Montreal, QC
hip-hop

Melanie Buttarazzi, 22
Woodbridge, ON
latin ballroom

Melanie Mah, 19
Richmond Hill, ON
contemporary

Natalie Lyons, 23
Halifax, NS
hip-hop/krump

Tara-Jean Popowich, 20
Lethbridge, AB
contemporary

Tatiana Parker, 21
Toronto, ON
hip-hop

Anthony Grafton, 24
Calgary, AB
ballroom
Austin Di Iulio, 19
Mississauga, ON
contemporary
Cody Bonnell, 19
Unionville, ON
hip-hop
Daniel Dory, 23
Montreal, QC
hip-hop/house
Danny Lawn, 21
Brockville, ON
contemporary
Emanuel Sandhu, 28
Vancouver, BC
contemporary
/ ballet
Everett Smith, 25
Glen Morris, ON
tap
Nicolas Bégin, 24
Quebec City, QC
b-boy/hip-hop
Taylor James, 22
Vancouver, BC
contemporary
Vincent Desjardins, 20
Trois-Rivières, QC
ballroom
SO YOU THINK YOU CAN
DANCE
CANADA

the road to the top 20

Get ready to 'flip' out Canada. **SO YOU THINK YOU CAN DANCE CANADA**, the No. 1 new show of 2008* is back, and you won't believe what's about to hit the stage. Season 2 is jam-packed with talent from across Canada looking to follow in the footsteps of Canada's Favourite Dancer, Nico Archambault.

Since winning the title, Archambault was cast as ballet great Rudolph Nureyev, performed in the nation's capital for Canada Day and is currently on a cross-Canada tour, performing the raw, emotional choreography Canadians fell in love with.

Archambault's fellow Top 20 dancers are also making their mark on the international dance stage. From touring Europe and auditioning for the late Michael Jackson, to performing at the Calgary Stampede and starring in multiple feature films.

Not to be outdone, this year's audition tour kicked off in Toronto then criss-crossed the nation, wowing the judges from Vancouver, to Saint John, N.B., and ending off in Montreal and Edmonton.

From 26 consecutive pirouettes and 'bucc' krumping to countless flips across the stage, Season 2's dancers are as powerful and passionate as ever.

The top dancers from each of the five cities traded in their Boarding Passes for flights to Toronto where the best of the best faced off at Finals Week.

After an incredible journey thus far, the judges have finally chosen their Top 20 for SO YOU THINK YOU CAN DANCE CANADA season 2! Over the next few weeks, the Top 20 Dancers will compete for your votes.

Only you can decide who will become Canada's Favourite Dancer.

Get ready to vote, Canada!

2009 broadcast schedule**

Tuesday, August 25	Top 20
Wednesday, August 26	Results
Tuesday, September 01	Top 18
Wednesday, September 02	Results
Tuesday, September 08	Top 16
Wednesday, September 09	Results
Tuesday, September 15	Top 14
Wednesday, September 16	Results
Tuesday, September 22	Top 12
Wednesday, September 23	Results
Tuesday, September 29	Top 10
Wednesday, September 30	Results
Tuesday, October 06	Top 8
Wednesday, October 07	Results
Tuesday, October 13	Top 6
Wednesday, October 14	Results
Tuesday, October 20	Top 4
Sunday, October 25	Finale

CTV

dance.CTV.ca

* Source: BBM Nielsen Research
** Subject to change

Interest rates /Savings accounts
METRO NEWS SERVICES

BMO	CIBC	Scotia	TD
0.8%	0.75%	0.75%	0.75%

Your Money

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

TAKE A BREAK FROM WORK
Visit metronews.ca to watch metrotube of the day

ICICI Bank
Apply online: www.icicibank.ca

Study up on these back-to-school tips

AlisonOnMoney

Most of us parents would be lying if we didn't admit to a tiny thrill of delight when the ringing of the autumn school bell draws near. But getting Jenn and Josh togged up and laden with all the gear can turn the dog days of August into something akin to holiday shopping on Dec. 24th.

If you'd rather have a root canal than hit the mall with the hordes, turn the job over to the kids. It starts with a list of needs and wants, proceeds to a spending limit and ends, eventually, with "shoo, shoo" at the entrance to the mall.

Youngsters, obviously, will need supervision at all stages. But by working with a five-year-old now you are setting the stage for stress free back to schooling as they approach the pre-teen years.

Divide the shopping list into clothes, school supplies and "Please, Mom\Dad!" The younger ones usually love this process especially if you send them on a treasure

Read more on page 16 »

mogo
borrow up to $1500 instantly for free!
mogomoney.com » absolutely no strings attached and no hidden fees
new to mogo? Apply now & get your first Zip Money loan FREE! Promo Code: METRO 2

Dazed And Confused

Most Drivers Lost When Looking For The Lowest Car Insurance Rates

Why Is It So Hard To Find The Best Rates?

The truth is, it isn't as difficult as it seems once you know where to look. It pays to shop around – and car insurance is no different. But with so many insurance companies providing car insurance in Alberta, getting references and competitive quotes from everyone takes too much time, right? Wrong. This is where InsuranceHotline.com can help. InsuranceHotline.com offers an independent, unbiased rate comparison from over 20 insurance companies to find you the lowest rate for your profile. It is fast, safe and FREE.

Does It Really Pay To Shop Around?

Most consumers fail to realize that the rates charged by different insurance companies to insure the same driver, with the same car, for the same coverage, can vary by hundreds and even thousands of dollars. The key to finding the best rate is to figure out which insurance company has the best rate for your particular situation. And with rates varying so wildly across companies, chances are you are not with the company that has the lowest rate for your profile right now.

You Have Nothing To Lose.

InsuranceHotline.com puts you in the driver seat by making insurance companies compete for your business. With quotes from over 20 insurance companies, InsuranceHotline.com is the simplest and easiest way to make sure you aren't overpaying for your car insurance. And it is completely FREE to use. So what are you waiting for?

InsuranceHotline.com Your search engine for the lowest insurance rates

COMPARE OVER 20 QUOTES in minutes at InsuranceHotline.com

Home Phone Lines - ALL FEATURES FREE

LIMITED TIME OFFER
OFFER ENDS AUG. 31ST, 2009

6 MONTHS FREE!

• SATISFACTION GUARANTEED! • KEEP YOUR EXISTING PHONE NUMBER!

UNLIMITED CALLING TO INDIA $5 EXTRA /MONTH
(ONLY AVAILABLE AS AN ADD-ON TO THE GLOBALHOME PHONE PLAN)

4 GREAT PLANS TO CHOOSE FROM!

Enhanced	Unlimited Canada	One-Rate	Global
$14.95/month	$19.95/month	$29.95/month	$39.95
UNLIMITED Local Calling	UNLIMITED Calling to Canada	UNLIMITED Calling to Canada & U.S.A.	UNLIMITED Calling to 20 COUNTRIES!
			Add Unlimited India $5/month
✓ All Features FREE	✓ All Features FREE	✓ All Features FREE	✓ All Features FREE

All Features FREE!

- ✓ Keep Your Existing Phone Number
- ✓ Free Comwave to Comwave calls WORLDWIDE!
- ✓ Caller ID
- ✓ Voicemail
- ✓ Call Forwarding
- ✓ Call Waiting
- ✓ Follow Me
- ✓ Visual Call Waiting
- ✓ Turbo Speed Dial
- ✓ Do not Disturb

Lowest Long Distance Rates to Call Anywhere in the world... Guaranteed!

403-451-5800

comwave www.comwave.ca

HOME PHONE LINES: VoIP 911 has certain limitations versus traditional 911. Unlimited Calling to India is available as an Add On to the Global Home Phone Plan only and is for residential use. The 6 months free promotion does not apply to the Unlimited India Plan or the Global Home Phone Plan. Limited to 3000 minutes per month. Excess minutes used will be billed at 2.99 cents per minute. The rates are based on a 1 year term. 6 Months Free - You get 1 months free immediately upon activation of the service. Get an additional 5 months free if you transfer your existing Home Phone Line to Comwave within the first 3 months. Satisfaction guaranteed within 90 days. If you are not 100% satisfied, you may cancel your home phone service no questions asked. Terms and conditions apply, see www.comwave.net for details. WORLDWIDE CALLING UNLIMITED: Terms and conditions may apply, see www.comwave.net/mobile for details.

Sears

TUESDAY AUGUST 25

2 LOOKS FOR $22 Set

$12 each. Boys' Nevada®/MD denim jeans, sizes 8-18. Sears reg. 24.99.
$10 each. Character & entertainment tops, sizes 8-18. Sears reg. 14.99.
$10 each. Nevada denim jeans, sizes 4-6X. Sears reg. 19.99.
$12 each. Character & entertainment fooler tops, sizes 4-6X. Sears reg. 16.99.

NEVADA®

At this low price, this offer cannot be combined with any other savings or coupon offers.

$5 Boys' Sears Kids™/MC T-shirt/hoody fooler top, sizes 4-6X. Sears reg. 12.99.

$5 Girls' footless tights, sizes 7, 10 & 14. Sears reg. 6.99 & 7.99.

FREE $15 worth of stationery school supplies from our Back to School Shop when you spend $125 or more* on regular and sale-priced kids' fashions.

*Before taxes. Offer valid from August 25 to 28, 2009 with coupon. Excludes Lands' End, licensed departments and clearance priced merchandise purchases. Qualifying purchase can be cumulative but must be made on the same day. Limit one coupon per purchase.

While quantities last. Selection will vary by store. Offers valid at Sears Department stores only.

NE084G309 © 2009. Sears Canada Inc.

Your Money

›› Continued from page 15

hunt through the house to uncover what items from last season can be re-used. The bribe here is this; the more you recycle, re-use and make-do the more you can spend on that awesome (fill in the blank).

Next, set a spending limit and dole out cash. Try not to make decisions for them. As years go by you will shift from in-store accompaniment, to dropping them off, to letting them drive, cycle or bus to the mall themselves.

Mistakes will be made but you will be doing your kids and yourself a favour by handing over the back-to-school shopping chores.

Alison Griffiths is a financial journalist, author and host of Maxed Out on the W Network. Write to her at alison@alisongriffiths.ca.

Readers on weathering the recession

MoneyMatters

Henry Choo Chong

metronews.ca/moneymatters

Q Readers were asked "How are you managing in this economic environment?"

A • Don't listen to the media, and the government. They say we must spend our way out of this recession. I totally disagree! I am doing the opposite. I am saving as much as possible, let the next guy spend his money. **— Gary, Pickering, Ont.**

• This past year, more than 30 per cent was lost from my investment portfolio. I am approaching retirement and it was my nest egg. I would have to work at least five more years to recoup these losses. **— Jo, Mississauga, Ont.**

• Where is the recession? I go to the restaurants, they are busy. I take in a movie, very few seats left. I visit the malls, lots of shoppers with bags in hand. The recession must have missed Toronto. **— Mitch, Etobicoke, Ont.**

• My husband and I have been out of work for more than two months. We met and worked at the same company more than twelve years. Currently, we are collecting employment insurance but hate it. **— Chris and Jan, Oshawa, Ont.**

Investing

Allan Small

Visit metronews.ca/investing to read this week's column.

Service Directory
To advertise contact Blaine Schlechter at 403-444-0136

PSYCHIC

THE GREAT OF THE GREAT MEDIUM & SPIRITUAL HEALERS HERITED TO GENERATION RENOWNED INTERNATIONAL

Are you searching for solutions to your problems? It's never too late to find answer. Madia has 26 years experience as a spiritual healer reuniting loved ones, maintaining harmony in coupled, preventing separation, improving business success, protecting against negativity and evil spells. 100 % results Guaranteed in 48 hours.

100% RESULTS GUARANTEED IN 48 HOURS
CALL MADIA AT 403-475-2589 OR 403-305-2129

STAPHA—AFRICAN PSYCHIC

Reuniting Loved Ones • Stopping Divorce
Removing Bad Spirits • Success in Business
Healing Protection

RESULTS GUARANTEED
403-802-0367

FINANCIAL

Brokers National 500 loan service

by phone, no credit refused, quick and easy, payable over 3, 6, or 12 installments.

Call toll free:
1-877-776-1660

TAKE A VIDEO BREAK

Visit metronews.ca to watch metrotube of the day

The video everyone's talking about.

GOOGLE APPS BUILT RIGHT IN.

FOR A LIMITED TIME
$79.99 on select 3-yr. terms*

I ONLY FROM ROGERS

Get the full web experience wherever you are with Android™ powered phones, exclusively from Rogers. With popular applications like Google Maps™, Google™ Search and YouTube™ built right in, your phone is ready to surf whenever you are. And choose from thousands of games and applications through Android Marketplace to make sure the fun never stops.

CALL 1 877 543-8343 OR
VISIT YOUR LOCAL ROGERS STORE

CANADA'S FASTEST NETWORK
3X FASTER THAN ANY OTHER†

ROGERS™

*Offer subject to change without notice. With subscription to new 3-year term voice and data plan having min. $45 monthly service fee. Early cancellation fees apply. †Speed performance claims based on comparing download speed of Rogers 3.5G HSPA network and competitors' 1xEvdo networks within Rogers HSPA coverage area. Speed may vary depending on the handset, topography and environmental conditions, network congestion and other factors. HSPA network not available in all areas. See rogers.com/fastest for coverage details.

™Rogers & Mobius Design are trademarks of or used under license from or with permission of Rogers Communications Inc. or an affiliate. ™Android, Google, YouTube and related brand names are trademarks of or used under license or with permission of Google Inc. The HTC logo, HTC Dream™ and HTC Magic™ are trademarks of HTC Corporation used under license or with permission. All other brand names and logos are trademarks of their respective owners. © 2009 Rogers Wireless.

Did you know?
According to the Ministry of Training, Colleges and Universities of Ontario, average fees for a two-term college general program are about $1,900 and for general universities are about $4,200. NEWS CANADA

Student ¢ents

On campus
If you live on campus and go with full accommodation from the school, you should expect to pay anywhere from $4,500 to $6,000.
NEWS CANADA

SPECIAL FEATURES EDITOR: STEPHANIE.BOMBA@METRONEWS.CA

Costs of school go beyond tuition

RICHARD WOODBURY
for Metro Canada

Avoid going broke this school year by planning ahead and sticking to a budget, experts say. If you're unsure how to do this, your school's financial aid office can help.

Having a budget and sticking to it is crucial for not running into financial trouble at university.

"If the kids want to make it through their year and through their program, I would say that's Number 1," says Frances Cody, the housing and financial aid manager at Mount Saint Vincent University.

Students must also distinguish between needs and wants when putting together a budget, says Dr. Laura Stanbra, the director of financial aid and awards at Concordia University in Montreal.

It's important to think about more than tuition and books, and think about other costs such as transportation, rent, food and clothing.

"They can add up pretty quickly," says Stanbra.

Part of the challenge of managing one's finances in university is it's often the first time they've had to do it. The good news is if students need some guidance, most universities offer free counselling to help students straighten out their finances and perhaps provide some financial aid.

"We're here to help them figure out how to save money and how to access other sources of funding," says Claudia Barrett, the associate director of student awards and financial aid at the University of Calgary.

When students do encounter financial difficulties, the key is to be open about it, says Dr. Eric Kirzner, a professor in the Rotman School of Management at the University of Toronto. He says all kinds of people face financial struggles, so there isn't any reason to feel ashamed about facing financial difficulties

"This is not the time to be shy," he says. "This is not the time to let a small problem escalate into a big problem."

> **"This is not the time to be shy. This is not the time to let a small problem escalate into a big problem."** Dr. Eric Kirzner

Kirzner recommends budgeting on a monthly basis. A weekly budget is too tight and two months is too long. He recommends stretching being frugal early on, so it leaves a little cushion to splurge a little later on. This breathing room can be crucial if unexpected expenses pop up down the road.

"Most students live rather modestly," says Stanbra. "When you have a budget and there's very little wiggle room, one unexpected expense can really mean the difference between making and breaking that monthly budget."

Barrett says some other tips for saving money are to take a close look at banking expenses and know what your plan includes and excludes.

When making purchases, pay by cash whenever possible.

If you have to use a credit card, be sure to pay the monthly balance off in full and on time. This way, you won't have to pay any interest charges and you'll help generate a positive credit rating. Pay attention to the interest rate as well.

Cody advises students who are staying off-campus to look for eight-month leases, rather than one-year ones.

"A lot of students get stuck trying to find subletters for the summer months," she cautions.

Cody also recommends using the web to find scholarships on sites such as studentawards.com.

She also recommends checking with local community and civic groups about potential scholarships.

RBC®

Because 'cheez' isn't a real word.

Get real banking advice. Plus every day we're giving students $1000* – to buy real cheddar.
Visit a branch today to open a free or unlimited student banking account.[1]

rbc.com/windaily

CREATE A BETTER STUDENT LIFE RBC Royal Bank®

*No purchase necessary. Contest runs from July 15, 2009 to October 31, 2009. Draws begin August 4, 2009. Winners will be announced daily starting August 7, 2009 for 92 days. For full Contest rules and how to enter without purchase, please visit www.rbc.com/stimulus/rules.
[1] No monthly fee. 25 free debit transactions a month and a no annual fee credit card. Unlimited refers to the RBC No Limit Banking for Students® account which provides unlimited monthly debit transactions. For full product details visit www.rbc.com/student.
®Registered trademark of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada.

It's Called Football
Vancouver Whitecaps President Bob Lenarduzzi appeared on the It's Called Football show to discuss stadium plans, their move to MLS and the future of their revered academy system. Watch the show at **metronews.ca/blogs**

Sports

No Big O for Habs

The Montreal Canadiens won't be hitting the ice at Olympic Stadium this year. The team yesterday quashed rumours that it was planning a regular-season match at the stadium. The team looked at hosting the Washington Capitals on Nov. 28, but the CFL's Montreal Alouettes hold an option to use the Big O on Nov. 22 and the NHL requires at least seven days to construct a rink and build up the ice surface. METRO NEWS SERVICES

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

Jays outslugged by Tampa Bay

MLB RESULTS

Tampa Bay 12 Toronto 7

RAYS AT JAYS

BASEBALL Ben Zobrist went 3-for-4 with a home run, two RBI and four runs scored as the Tampa Bay Rays downed the Toronto Blue Jays 12-7 in the opener of a three-game set.

Carlos Pena hit the go-ahead two-run homer in the fifth inning and finished with three RBI while Pat Burrell and Gregg Zaun each drove in two for the Rays.

Rod Barajas hit a grand slam while Randy Ruiz went 3-for-4 with a solo homer for the Blue Jays, who have dropped seven of nine. METRO NEWS SERVICES

Wanted: 200-foot players

Both ends of the ice important at Olympic orientation camp

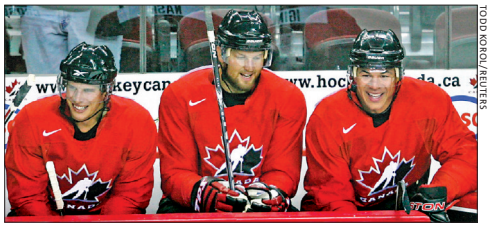
LAURENCE HEINEN
for Metro Canada

On the first day of Canada's National Men's Team orientation camp in Calgary, coach Mike Babcock laid down a challenge for his group of forwards.

Babcock, who will coach Canada's entry into the 2010 Winter Olympic Games in Vancouver, told his players that they will have to be "200-foot players" by being responsible at both ends of the ice.

"You have to play a 200-foot game," Babcock said during a pre-camp press conference yesterday afternoon.

"You have to be good without the puck. The better we are without it, the more time we'll have it."


TODD KOROL/REUTERS

Sidney Crosby, from left, Rick Nash and Jarome Iginla sit together yesterday at Olympic orientation camp in Calgary.

Team Canada executive director Steve Yzerman agreed with Babcock's assessment and noted that the management team will be watching for the best two-way forwards at the camp and during the first three months of the NHL regular season.

"Specifically our forwards, we're looking for guys that are good in both ends of the rink," Yzerman said. "If you're going to make this team, we want you to be good in both ends of the rink. We can't be hesitant to put a player on the ice."

Forward Jarome Iginla, who's right at home in the Saddledome as captain of the Calgary Flames, said it "totally makes sense" that the coaching staff and executive will be on the lookout for players who can get it done both offensively and defensively.

"Their evaluation isn't really just based on this," Iginla said of the four-day evaluation camp that finishes up with a Red-White scrimmage on Thursday night at the 'Dome.

"You're not going to make it or not make it in the three or four days, but they're going to watch during the year. What's very important to them when it does come time is being responsible and being able to be good positionally and be part of the structure."

Sports in brief

GOLF PGA Championship winner Y.E. Yang will renew his rivalry with Tiger Woods on Asian soil in November after confirming yesterday his participation at the $7 million HSBC Champions in Shanghai. METRO NEWS SERVICES

ACCESS LEGAL RESEARCH INC.
• CRIMINAL PARDON /U.S. WAIVER
• SEPARATION AGREEMENTS
• LAND TRANSFERS
• LOW COST NO FAULT DIVORCE
• SMALL CLAIMS COURT TO 25K
CALL 403-228-2469

OIL SANDS TRADE SHOW AND CONFERENCE
NORTHLANDS
EDMONTON, ALBERTA

OPTIMAL OUTCOMES
Changing the Face of Oil Sands
THE WORLD'S PREMIER OIL SANDS EVENT

WHO'S ATTENDING

Albian Sands
Baker Hughes
Bantrel
CNRL
ConocoPhillips
Emerson
Enbridge
EnCana
GE Oil & Gas
Husky
Imperial Oil
Jacobs
Nexen
PennWest
Energy
Petro-Canada
Schlumberger
Shell
SNC Lavalin
Suncor
Syncrude
Weatherford
Worley Parsons

NETWORK WITH QUALIFIED ATTENDEES AT THESE SPECIAL EVENTS:
Heavy Oil 101
'Sand Trapped' Golf Tournament
Industry Grand Reception
Conference
Exhibition

REGISTER/EXHIBIT NOW
www.petroleumshow.com

Endorsing Partners:
THE OIL SANDS DEVELOPERS GROUP
Energy From Athabasca
IOSA
IN SITU OIL SANDS ALLIANCE

September 22 & 23, 2009
Northlands Agricom, Edmonton, Alberta
www.petroleumshow.com

Health & Beauty

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

5 Steps to rejuvenate your smile

MICHELLE VILLETT
For Metro Canada

From peptide-laced night creams to grey-masking hair dyes, there are countless ways to fight the first signs of aging.

But one area of the body usually gets overlooked: your smile. It's no surprise that a fondness for red wine, coffee and cigarettes can discolour your teeth, making them look older, says Dr. Charles Botbol, a Toronto-based dentist. But that's not the only factor: bad breath, worn-down teeth and lines around the mouth can also add years.

We asked Botbol, Dr. Maryam Adibfar, a Toronto-based dentist, and Dr. Stephen Mulholland, a Toronto-based cosmetic surgeon, for their best advice on achieving a younger-looking smile.

Follow a good home care routine: "At least twice a day, brush your teeth and gums for two to two-and-a-half minutes," says Adibfar. An electric toothbrush with a built-in timer (such as Oral-B's Pulsonic Sonic Toothbrush) can help you keep track of how long you're brushing; they're also better than regular toothbrushes at removing plaque and preventing stains from forming. Don't forget to floss at least once a day, too.

Keep teeth looking white and bright by cutting back on stain-producing foods and beverages and start using at-home or professional whitening treatments.

Freshen up: "Chronic bad breath, which is caused by poor oral hygiene, can make you seem older," says Botbol. A pre-brushing rinse like Listerine Extreme Whitening not only freshens breath by stopping bacteria in its tracks, it also gently lifts stains.

Whiten and brighten: Cut back on stain-producing foods and beverages and start using at-home or professional whitening treatments. "For most people, whitening strips are affordable and do the job," says Botbol. Professional treatments — including custom-made whitening trays or Zoom whitening (both start at $300 and up) — perform deeper stain removal.

Get regular check-ups: To keep your teeth and gums in tip-top shape, see your dentist at least once every six months for an examination and professional cleaning, says Adibfar.

Consider investing in cosmetic improvements: If your teeth require more serious repair work — they're misshapen, crooked or worn from grinding, for example — a cosmetic dentist may suggest ceramic reconstruction or contouring (reshaping existing teeth), says Botbol.

A fair to remember

The J Spot

Whether it's the local county fair (which was all about meeting boys as far as me and my 13-year-old girlfriends were concerned) or the larger scale Canadian National Exhibition in Toronto, Ont., (ah yes, necking on the bus back to our small town with Randy No-Longer-Remember-His-Last-Name after hooking up with him at the CNE), summer fairs are the stuff of romance.

Sleep before sex? Read Josey's blog at metronews.ca/blogs

But the fair wasn't always quite so innocent. Today's CNE is a far cry from its raunchier past when girl shows and burlesque were a regular midway feature.

In his book, Girl Show: Into the Canvas World of Bump and Grind, A. W. Stencell credits the Columbia Exposition in Chicago in 1893 as the place where traveling carnivals and girl shows got their start. It was the first major fair in North America that set aside a special area for show people, known as the midway.

Looking for entertainment for its midway, the Chicago Fair featured dancers with exotic names like Fatima and Husaria dancing in sideshows called such things as Persian Palace and Turkish Village. According to the history books, many of the girls were Ghawazi dancers and Gypsy prostitutes from Egypt. "At a time when most women wore corsets here were these dancers who were shaking the heck out of their boobs and hips," says Stencell.

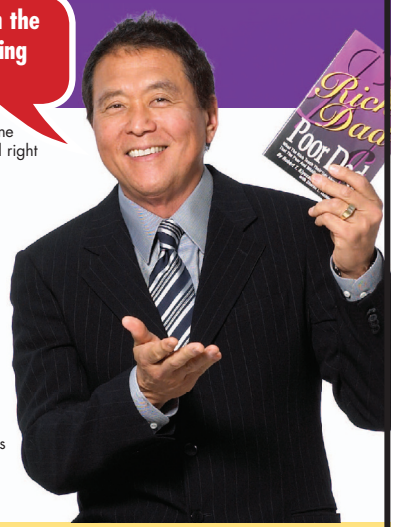
In her book, Burlesque West: Showgirls, Sex and Sin in Postwar Vancouver author Becki L. Ross documents the popularity and evolution of girl shows at Vancouver's Pacific National Exhibition from 1910 through to the 1970s where white and black dancers did not share the stage until the 1960s.

"White Shows" and "Black Shows" were presented separately, with the latter being marketed as exotic, savage and ethnic novelties, writes Ross, with the carnival barker announcing things like: "The African Queen, DIRECT from the jungles of Africa! We can't bring her out yet, but we'll bring her slave girls out" whereby out came "Nubian slave girls in chains, a thumping and a bumping."

Josey Vogels is a sex and relationship columnist and author of five books on the subjects. For more info, visit joseyvogels.com.

TODAY, KNOWLEDGE IS MONEY!

This FREE EVENT Could Mean the Difference Between Struggling & Prospering Right Now



Some of the world's richest people have gone bankrupt – or nearly so – and then rocketed right back to being wealthy again. Why?

Because they had what's really valuable... what YOU really need right now. It's FINANCIAL INTELLIGENCE!

There Is Tremendous Opportunity In The Canadian Real Estate Market
The real estate market in Canada today is in much better shape than some areas of the United States. I have strategies and techniques that work in both countries. In fact, I LOVE buying real estate in both types of markets and you should, too – once you know what I know!

I'm sending my Rich Dad's Education trainers to hold a FREE live workshop that shows you how to apply my methods of amassing money in today's economy.

FREE *Learn To Be Rich*™ Workshop
Based on the Book & Teachings of World Famous Author Robert Kiyosaki

COMING TO THE CALGARY AREA ON SEPT 1, 2 OR 3

CALL NOW OR REGISTER ONLINE
1-800-905-2826
www.richdadeducation.com

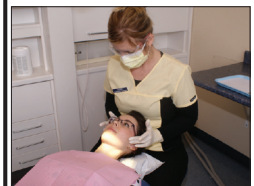
Receive a FREE CD-ROM! "RICH DAD'S® BUDGETING YOUR MONEY"
An excerpt from Robert's new best seller, Rich Dad's Increase Your Financial IQ
It's YOURS FREE at the workshop!
Robert Kiyosaki does not participate in this event.

RICH DAD EDUCATION

SHARE THE WEALTH! BRING ALONG A FRIEND OR A FAMILY MEMBER!

Results from programs are based on individual effort and other factors. Additional products and services will be offered for sale. The Rich Dad® word mark and logos are owned by CASHFLOW Technologies, Inc. and any use of such marks by Rich Dad Education, Ltd. is under license. © 2009 Rich Dad Education, Ltd. All rights reserved. 09RDE0447 V1 5/09

Dental Assistant Professional in 28 Weeks!



FREE
courses may be available to assist in meeting minimum program requirements. Funding available for those who qualify.

Opportunities available in the Dental Field:

Dental Assistant
Dental Hygiene Coordinator
Dental Assistant Educator
Dental Specialty Assistant
Clinical Float Assistant
Infection/Sterilization Control Coordinator
Continuing Care Coordinator
Treatment Coordinator
Dental Lab Assistant
Dental Sales Representative

COLUMBIA COLLEGE

403-648-2265
802 Manning Road N.E. Calgary, AB T2E 7N8
www.columbia.ab.ca

Accredited by the Commission on Dental Accreditation of Canada
Dental Assistant Continuing Education classes also available!

Cruz ready to work with Almodovar

Penelope Cruz is "addicted" to working with Pedro Almodovar. The 35-year-old actress — who has starred in several of Almodovar's films — has been collaborating with the director since she was 17 and still can't get enough of him. FEMALEFIRST.CO.UK

Entertainment

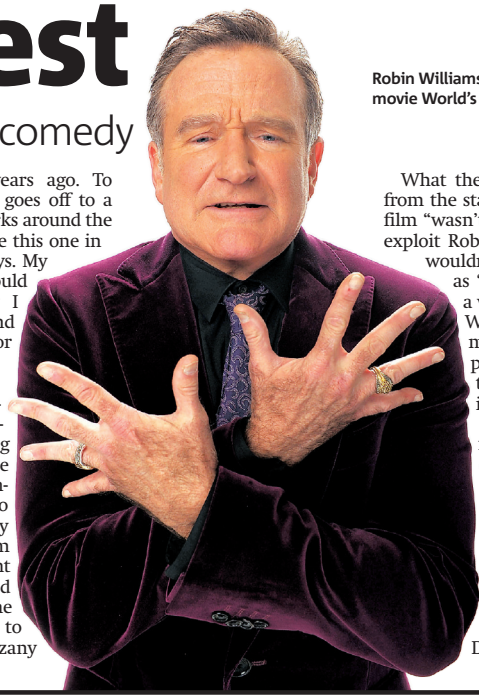
More X-Files

Gillian Anderson has confirmed she will appear in a third X-Files movie. The actress surprised fans at the Sarajevo Film Festival by admitting she would happily reprise her role. FEMALEFIRST.CO.UK

EDITOR: DEAN.LISK@METRONEWS.CA

Father knows best

Robin Williams is the accidental star of a new indie comedy



Robin Williams stars in the new movie World's Greatest Dad.

Yes, you want to have a great screenplay and a talented director, but no project ever gets made until a star's attached.

You simply can't make a movie without somebody to play the lead and having a star is going to help if you're looking for financing or distribution.

Case in point: World's Greatest Dad, which opened Friday in New York to a modest $10,300. Written and directed by Bobcat Goldthwait, it's a thoughtful but outrageous comedy starring Robin Williams as a troubled high school poetry teacher and single parent.

After the accidental death of his insufferably nasty teenage son (Daryl Sabara from Spy Kids) he suddenly finds himself with the fame and fortune he's always craved. Only question: Can he live with knowing how it came about?

Although the role fits Williams like a glove, it wasn't written with him in mind. In fact, Goldthwait told me, he didn't even plan on asking him to read it.

"Robin and I are old friends and he really liked Sleeping Dogs Lie," he explained, referring to his 2006 drama. "I really wasn't trying to hit him up to be in the movie."

So what happened? "I was at dinner with him and another friend and I was telling him the new story and he was like, 'Well, can I read it?'"

oldthwait added, "I really wouldn't have written the movie for Robin as a poetry teacher if I had him in mind because I think he covered that pretty well already in Dead Poets Society. So I was really shocked when he wanted to be in it."

On the other hand, poetry be dammed — this was such a good fit for these two friends. "I think the character is a little bit based on life lessons that Robin and I had to learn as adult men."

Williams (to Goldthwait about a week into production): "Oh, I get it. I'm playing you and me."

The payoff: "He said it's the most comfortable he's ever felt on a set, which I believe is true because he and I are friends."

Goldthwait wrote Dad about two years ago. To write he just goes off to a hotel and works around the clock. "I wrote this one in about five days. My detractors would probably say I should spend another day or two on it!"

Attaching Williams definitely accelerated getting Dad made. He and Goldthwait wanted to be sure they did the film with "the right people" and avoided the "temptation to make it a zany comedy."

What they had in mind from the start was that the film "wasn't going to try to exploit Robin's name" and wouldn't be marketed as "a comedy with a very silly trailer. We wanted to make sure people kind of got the humour of it."

"It was the folks at Darko (Entertainment) who financed it," he said. A company founder, Richard Kelly, directed Donnie Darko and is a producer of Dad.

REUTERS

In brief

MOVIES Gus van Sant, who last directed Sean Penn to an Oscar in Milk, is in negotiations to shoot a project shepherded by new Twilight actress Bryce Howard. The logline for Restless is being kept under wraps, though the Columbia Pictures project described as contemporary and distinctive take on young love.

TV NBC has handed a pilot order to Rex Is Not Your Lawyer, a comedic drama about an attorney who suffers panic attacks and takes up coaching clients to represent themselves in court. Law & Order veteran Barry Schindel has come on board as showrunner on the new project.

TV The Game is not over yet. Cable channel BET is in talks to order a new season of the comedy, a spinoff from the long-running Girlfriends. The CW canceled Game in May after three seasons. REUTERS

Kenya's Style

Kenya Hunt

Read the blog at metronews.ca/kenyasstyle

For complete online movie listings, trailers, reviews and tickets, visit: metronews.ca/movies

CA	Vu	SC	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
8/25/09 primetime	267	351 - ACCESS	Alberta Primetime (Live)		America's Got Talent		America's Got Talent (HDTV) Ten contestants perform.				Primetime
	243	317 3 CFCN	etalk	Hollywood	So You Think You Can Dance Canada (N)				Flashpoint		News
	-	- 4 OMNI	Two/Half Men	The Simpsons	Omni News: S. Asian Edition		Omni News: Cantonese Edition		The Simpsons	King	Metropia
	-	371 5 KXLY	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	Shaq Vs. (HDTV)		Shaq Vs. (HDTV) (N)		Primetime
	245	306 6 CBRT	Coronation St.	Jeopardy!	Rick Mercer	22 Minutes	Being Erica (DVS)		CBC News: The National		The Hour
	244	338 7 CICT	ET Canada	Entertainment	The Unit (N)		NCIS (HDTV)		(10:01) Big Brother 11		News Hour
	246	- 8 CKAL	Law & Order: SVU		Make Me a Supermodel		Hell's Kitchen (PA) (N)		More to Love (N)		Your City
	119	705 9 CBXFT	Des squelettes	Tout	Beautés désespérées (SC)		Bons baisers de France (SC)		Le Téléjournal et Les Nou		TJ Alberta
	-	- 10 SHAW	(6) Local Programming						Local Programming		
	-	372 12 KREM	News	Hollywood	The Doctors		NCIS (HDTV)		(10:01) Big Brother 11		The Mentalist
	-	374 14 KSPS	NewsHour With Jim Lehrer		Nova (HDTV) (DVS)		Nova scienceNOW (N)		Wild! "Forest Tigers"		Be a Predator
	502	390 15 CBC	CBC News: The National		*Everybody's Children*		CBC News: The National		CBC News: The National		*Everybody*
	-	370 16 KHQ	News (N)	Be-Millionaire	Jeopardy!	Wheel-Fortune	America's Got Talent		America's Got Talent (HDTV)		
	-	373 22 KAYU	The Simpsons	Raymond	Two/Half Men	Two/Half Men	Hell's Kitchen (PA) (N)		More to Love (N)		News
	297	652 37 WPIX	90210 (HDTV)		PiX News at Ten Tong.		Two/Half Men	Friends	Sex and-City	According-Jim	Frasier
news	500	500 29 CNN	Larry King Live (N)		Anderson Cooper 360 (HDTV)				Larry King Live		Cooper 360
	508	502 31 CNN2	Jane Velez-Mitchell		Nancy Grace		Showbiz Tonight		Jane Velez-Mitchell		Nancy Grace
sports	400	400 21 TSN	MLB Baseball		SportsCentre (HDTV) (Live)			Off the Record	WEC WrekCage (N)		NASCAR Race
	408	418 27 net	Week-Baseball	UEFA Champions League Soccer Teams TBA. (HDTV) (Live)					Sportsnet Connected		MMA Conn
	410	403 30 SCORE	Poker		Score Tonight		Final Score	Final Score	Final Score	Final Score	Final Score
	411	457 44 OLN	Survivorman		Ghost Hunters		Dog the Bounty Hunter		Survivorman		Ghost Hunters
	417	406 48 SPEED	Super Bikes!	Super Bikes!	Jacked!	Jacked!	Pimp My Ride	Pass Time	Pimp My Ride	Pimp My Ride	Super Bikes!
family	552	543 20 YTV	iCarly	iCarly	Drake & Josh	Prank Patrol	Malcolm-Mid.	Futurama	Family Biz	Prank Patrol	Falcon Beach
	557	541 39 FAM	Zoey 101	Life Derek	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School
	555	545 67 TOON	Ben 10	Johnny Test	Jimmy Two	Total Drama	6TEEN	6TEEN	Futurama	American Dad	Robot Chicken
cable variety	575	583 11 CMT	Reba	Reba	Hope & Faith	Hope & Faith	CMA Music Fest 2008				Reba
	553	546 17 TREE	Little Bear	Maggie-Beast	Comfy Couch	Zigby	Max & Ruby	Babar	Backyardigans	Ni Hao, Kai-lan	Go, Diego, Go!
	-	- 18 CHTV	The Insider (N)	E! News	Ruby (N)	Ruby (N)	Inside Hollywood (N)		X-Weighted (N)		CHCA News
	505	398 19 TWN	(5) EarthWatch One		EarthWatch One		EarthWatch Two				
	602	568 23 W	Style by Jury	Style by Jury	Style by Jury	Friends	Designer Move	Style by Jury	Style by Jury	Style by Jury	*In Her Mother*
	521	560 24 TLC	18 Kids-Count	18 Kids-Count	Masters of Reception (N)		18 Kids-Count	18 Kids-Count	Masters of Reception		Jon & Kate
	603	561 25 FOOD	Hell's Kitchen		Good Eats	Good Eats	Iron Chef America		Unwrapped	Unwrapped	Hell's Kitchen
	615	520 26 A&E	The First 48 (HDTV)		The Cleaner "Cinderella"		The Cleaner "Cinderella"		The First 48 (HDTV)		The First 48
	617	522 32 SHOW	Trailer Park	Trailer Park	The Outer Limits		Painkiller Jane		*The Unquiet* (2007, Suspense)		
	601	562 33 SLICE	Rich Bride, Poor Bride		Rich Bride, Poor Bride		ET Canada	Til Debt-Part	Real Housewives OC		Trading Sp
	-	633 34 ENC2	*200 Cigarettes*	(7:20) *Anything for Love* ★★ (1993)			*When Harry Met Sally...* ★★★★ (1989)			(10:38) *Singles* (1992)	
	520	505 35 DISC	Against the Elements (N)		After the Catch (N)		Daily Planet		Against the Elements		After the Catch
	620	523 36 BRAVO	Bryan Ferry Dylanesque		At the Concert Hall (N)		Law & Order		Without a Trace		Bravo! Concert
	294	650 40 WPCH	*Romeo Must Die* ★★ (2000, Action) Jet Li, Aaliyah, Isaiah Washington.					Seinfeld	*Nothing to Lose* (1997, Comedy-Drama)		
	626	547 41 COM	Laughs	Comedy Now	Air Farce	22 Minutes	22 Minutes	Corner Gas	The Simpsons	South Park	Hot Box (N)
	-	539 42 TCM	*The Lodger*	*The Scarlet Pimpernel* ★★★ (1935, Adventure), Merle Oberon				*The Divorce of Lady X* ★★★ (1938, Comedy)			*Lion-Wings*
	628	584 43 SPIKE	*Star Wars Ep 2*	(7:21) *Star Wars: Episode II -- Attack of the Clones* ★★ (2002, Science Fiction)						CSI: Crime Scene Invstgtn.	
	522	516 45 HIST	Zero Hour "Terror in Tokyo"		NCIS "Recoil"		Lost Worlds "Palenque"		Zero Hour "Terror in Tokyo"		NCIS
	627	528 46 SPACE	Torchwood		Ghost Hunters		Stargate SG-1 (DVS)		Star Trek: Next Gener.		Trek: Voyager
	-	- 47 AMC	(6) *GoodFellas* ★★★★ (1990, Crime Drama)				*Mobsters* ★★ (1991, Crime Drama) Christian Slater.				Mad Men
	619	525 49 TROP	Office Temps		Power Play "The Finals"		Tube Tales	Tube Tales	Inside Hollywood		King
	600	564 50 HGTV	SarahCottage	Genevieve	House Hunters	House Hunters	Holmes on Homes		SarahCottage	Genevieve	HGTV's Top 10
	501	391 52 CTV	CTV News Tonight		News	CTV News	News	CTV News	News	CTV News	News
	504	508 70 BNN	Taking Stock		Market Call		Headline	Market Call	Commodities	Business News	Taking Stock
	526	507 92 VIVA	The Closer		Ghostly Enc.	In Dreams	Psychic Inv.	Ghostly Enc.	Judging Amy		Missing
	269	350 93 APTN	Wings-Canada	Tears	Chiefs-Champ	Tribal Treks	From the Spirit	New Canoe	The Rez	Short Cuts	Moccasin Flats
	-	- 94 MCP	World News	News	Banquet	Kingdom-Wind	Il Caffe		In Germany	Euromaxx	Schauplatz
	571	581 100 MMM	Wild 'n Out	Wild 'n Out	High School Reunion		The Daily Fix		Wild 'n Out	Wild 'n Out	H.S. Reunion
	570	580 101 MM	Starmaker			MuchNewsWk	One Tree Hill		Starmaker		
	581	566 102 MTV	16 and Pregnant		Daddy's Girls	House, Jazmin	MTV Live	After	House, Jazmin	Daddy's Girls	Daddy's Girls

critics' corner

The Mentalist

All you need is a little mood lighting, soft music and a heaping glass of Courvoisier, right? With Patrick Jane's (Simon Baker) help, Cho (Tim Kang) goes under cover as a sweet-talking ladies man with all the right moves in order to catch a killer who has his own set of pseudomentalist techniques in "Crimson Cananova." Robin Tunney and Owain Yeoman also star. 11 PM on KREM

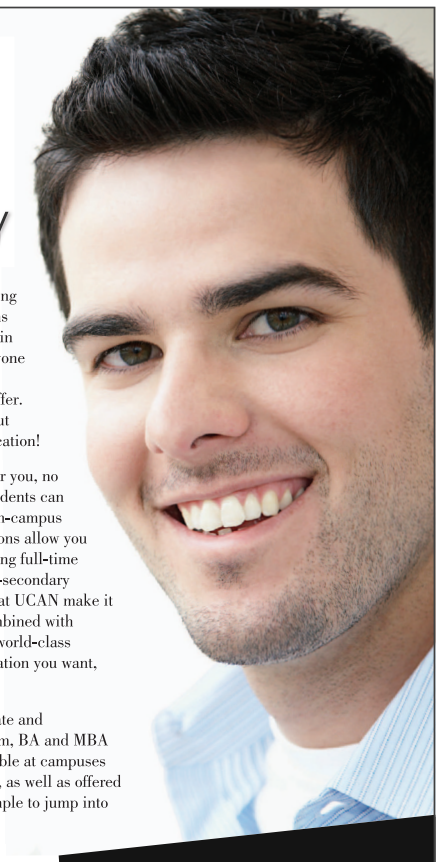
Being Erica

Trick or treat, indeed. Erica's (Erin Karpluk) lifelong "frenemy," Katie (Sarah Gadon), scores a book deal with River Rock, straining their relationship further. Dr. Tom (Michael Riley) sends Erica back to 1993, when an unsanctioned Halloween party at Erica and Katie's workplace cost Katie her job and ruined their friendship. She's determined to not have the party this time, but you know what they say about messing with the past. 9 PM on CBRT

Flashpoint

Hold on tight for this episode, which finds the SRU trying to stop a sniper who's taking people out all over the city. This time it's personal in more ways than one, as Ed (Hugh Dillon) realizes that the sniper is the son of a man he killed. And a member of the team struggles for life after being caught in the gunman's fire. Enrico Colantoni and Amy Jo Johnson also star in "Between Heartbeats." 10 PM on CFCN

Join Our Global University



Earn a bachelor's degree without putting your life on hold. Flexible curriculums allow you to study anytime, anywhere in the world, making it possible for everyone to take advantage of the affordable, world-class education UCAN has to offer. You'll finish your degree faster, without compromising the quality of your education!

Make UCAN degree programs work for you, no matter where you are in the world. Students can choose to study part-time, full-time, on-campus or online. Our numerous delivery options allow you to set the pace for your studies. Working full-time shouldn't stop you from pursuing post-secondary education - flexible course schedules at UCAN make it easy to do both! Small class sizes, combined with industry-influenced curriculums and world-class instruction, means you'll get the education you want, when you want it.

Choose from a number of undergraduate and post-graduate degrees, including BCom, BA and MBA programs. Degree programs are available at campuses in Vancouver, Victoria and Singapore, as well as offered online. Weekly start dates make it simple to jump into life at UCAN.

UNIVERSITY CANADA WEST

Accessible, Affordable, Available 24/7.
Higher Education Within Reach.
1.877.431.6887 | classes.ucan.ca

DVD picks

Duplicity
Director: Tony Gilroy

OUT TO CREATE lighter fare after his Oscar-lauded helming debut Michael Clayton, writer/director Tony Gilroy is determined to put some smarts into the world of double crosses and double martinis. But as his characters jet around the world and the story plays tricks with the calendar, Gilroy ends up with a tasty-looking confection that is as hard to unravel as a Rubik's Cube.

This spy vs. spy romance begins with the 2003 meet-cute and sexy set-up in Dubai of agents Claire (Julia Roberts), formerly of the CIA, and Ray (Clive Owen), formerly of Britain's MI6. Both are now corporate sleuths.

Naturally, Claire and Ray are in opposing boardrooms, while often in the same bedroom. Actors Roberts and Owen, last teamed as the fractious couple in Closer five years ago, still have chemistry — the sparks evident then still burn. They'd have to go some, though, to beat the couple the film really has in mind: Cary Grant and Audrey Hepburn in Stanley Donen's Charade.

Duplicity illustrates the proposition that you can love someone despite not fully trusting them. Don't try to predict the ending, or demand a straight path to it.

Extras include a commentary by Tony Gilroy and editor/co-producer John Gilroy.

Adventureland
Director: Greg Mottola

SET IN A decrepit Pittsburgh amusement park in the summer of 1987, Greg Mottola's uncommonly temperate coming-of-age comedy is based on his own youthful experiences as a minimum-wage slave forced to toil in a pretend paradise.

James (Jess Eisenberg) is a virginal college grad whose plans for a trip to Europe have thudded to the ground. Bereft of cash and marketable skills, James gets a job as a ride operator at Adventureland, an erstwhile entertainment facility run by densely devoted couple Bobby and Paulette (Bill Hader and Kristen Wiig). Life looks less bleak when James meets the gaze of comely co-worker Em (Twilight's Kristen Stewart). Of course, another guy, Mike (Ryan Reynolds), complicates things.

Adventureland is a stealth comedy — the laughs are few but they sneak up on you and really deliver. More than that though, it's a wise reflection of the awkward gap between boyhood and manhood.

Extras include a commentary by Mottola and Eisenberg, three deleted scenes and a making-of featurette.

Peter Howell/for Metro Canada

Alt-rock to all country

Finger 11 axemen go twangy as Blackie Jackett Jr.

GRAHAM ROCKINGHAM
for Metro Canada

Strange things happen when you sit in a tour bus sharing a bottle of whiskey. Some people even start writing country music. Which is exactly what happened to James Black and Rick Jackett, the two guitarists of Finger 11.

Strange indeed since Finger 11 is the rock band from Burlington, Ont., with the worldwide hit Paralyzer. It's not what you'd call "twangy." Not in the least.

But this week, under the name Blackie Jackett Jr., the two are releasing a new country CD called Whiskey And Tears. Replete with jangling banjo and honky tonk grit — it's got a sound that's a lot closer to Johnny Cash than Finger 11.

Blackie Jackett Jr. happened accidentally, almost as a joke. In between concerts and studio sessions — usually with the help of a shared bottle or two — Black and Jackett would pass time making up hokey country tunes, seeing how many times they could work hurtin' or drinkin' into a song.

> **"We had no intention of releasing (the album), no intention of becoming a band."**
> Rick Jackett

But as they explored the maligned genre more, they began to appreciate the craft of songwriters like Townes Van Zandt, John Prine, the Merles (Travis and Haggard) and the Hanks (Snow and Williams).

Jackett and Black's songs got more serious, more heartfelt. They recorded as they wrote, letting the tapes roll in hotel rooms, home studios, at friendly get-togethers and, yes, even on the bus.

Jackett and Black's country routine was limited to band parties and quiet moments with friends. That changed a few months back, when a member of the Finger 11 management quietly passed the Blackie Jackett Jr. recordings to the band's record company.

Black and Jackett then got a call saying the label wanted to release it. They were shocked. "We had no intention of releasing it, no intention of becoming a band," Jackett says. "For the longest of time, it was just sort of a secret."

To add weight to the music, they picked up a drummer and a bass player. Jackett even bought a six-string banjo. They started looking for a female vocalist to counter Black's near baritone. Like everything else in this project, they found their backing vocalist while having a few drinks.

It was karaoke night at Hurricane's Roadhouse on Toronto's Bloor Street. A young woman took the microphone and sang a Dolly Parton tune.

Her name was Sandra D. Jackett and Black almost spit out their drinks, she was so good. She's been singing with them ever since.

YOU COULD WIN
ADVENTURELAND ON DVD!

ON DVD, BLU-RAY & ITUNES AUGUST 25
ENTER FOR YOUR CHANCE TO WIN! metronews.ca
No purchase necessary. Enter daily for more chances to win. Contest open to Canadian residents of legal age, excluding residents of Quebec. Contest closes August 28, 2009 at 11:59pm. Odds of winning depend on number of entries received. For full contest rules and details, visit www.metronews.ca.
MAPLE PICTURES metro

THE BOOKS BEHIND THE SMASH HIT TRUEBLOOD ON HBO®
9 NEW YORK TIMES BESTSELLERS
4.5 MILLION BOOKS SOLD THIS YEAR!
"Vivid, subtle and funny." —ENTERTAINMENT WEEKLY

AVAILABLE WHEREVER BOOKS ARE SOLD
Enter for your chance to WIN a Sookie Stackhouse box set and a copy of *True Blood* on DVD. Visit metronews.ca
penguin.ca
metro

Gwyneth and Chris making monster house

Gwyneth Paltrow and Chris Martin know how to deal with neighbours: Buy them out. The couple is hard at work combining their London townhouse with the adjoining property to create a massive, 33-room home, according to the Daily Mail. METRO WORLD NEWS

Celebrity Buzz

Contestant finally impresses Simon

RARITY Simon Cowell is usually difficult to impress, but one contestant on U.K.'s The X Factor blew him away, popeater.com reports.

Cowell gave a standing ovation to Danyl Johnson's rendition of The Beatles' With a Little Help From My Friends. "That was single-handedly the best first audition I have ever heard," he said.

GETTY IMAGES

METRO NEWS SERVICES

Ex Blake is still in my future: Amy

DESPERATE Amy Winehouse still wants to reunite with estranged husband Blake Fielder-Civil, according to the Daily Mirror.

Sources say the singer held up an ace of spades card at a private magic show and saying, "This one is for me and Blake. It's our lucky card. He's my man. We can make it. We're so strong together."

METRO WORLD NEWS

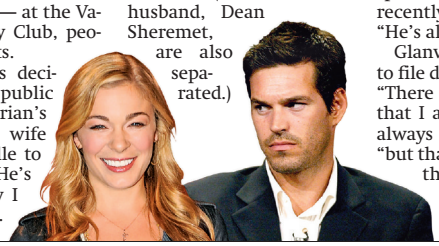
Eddie and LeAnn go public

OUT IN THE OPEN It's official: LeAnn Rimes and Eddie Cibrian are no longer hiding their relationship.

On Saturday night, the couple went to the Kings of Leon concert in Los Angeles, just two days after they hit the links — and openly flirted — at the Valencia Country Club, people.com reports.

The couple's decision to go public prompted Cibrian's estranged wife Brandi Glanville to tell People: "He's just somebody I don't know ... You think you know one thing and you wake up and it's all been a lie."

Glanville says she is unable to completely explain to the couple's sons Mason, 6, and Jake, 2, what is going on between mom and dad. (Rimes and her husband, Dean Sheremet, are also separated.)



"They know that daddy is at work all the time," she said. "That's what I tell them. When he does come home it is surprising for them and they are very happy."

Glanville says she has spoken with Rimes twice recently, and told her, "He's all yours."

Glanville says she hopes to file divorce papers soon. "There is one side of him that I absolutely love and always will," she noted, "but that side of him is not the side I'm divorcing."

METRO NEWS SERVICES

Heidi shows off her pipes

DOUBLE THREAT? Heidi Montag performed for the first time on Sunday's Miss Universe pageant. She sang Body Language while dancing around in a sequin bra and matching pants — but half the song was blocked while NBC introduced the 15 finalists.

"I think people don't know what to expect, and how can they? It's my first performance live and it's in front of a billion eyes. So I'm very excited to show everyone what I'm coming with," Montag said before performing.

TMZ.com reported that Montag would lip-synch because producers were nervous about her performance and feared she couldn't remember her lyrics. Montag, though, said she was unaware of the criticism and eager to perform.

"I'm very excited for everybody to see this," she said. "I think a lot of people are expecting something very different."

METRO NEWS SERVICES

Jackson kids heading to school?

GROWING UP The homeschooling days may be over for Michael Jackson's kids, TMZ.com reports.

The gossip website says is has learned Jackson's mother, Katherine, is "seriously considering" sending the children to an elite Los Angeles private school.

Family sources say she has been in talks with school reps to send Michael Jr., Paris, and Prince to the Buckley School — the same place Tito Jackson's three kids and several members of the Jackson clan attended.

METRO NEWS SERVICES

Claws come out over sex tape

BLAME GAME Country singer Mindy McCready denied accusations she released the video of Eric Dane, Rebecca Gayheart and Kari Ann Peniche's nude antics in a Jacuzzi, popeater.com reports.

Peniche accused her Celebrity Rehab co-star of stealing the movie while they were on the show together.

McCready said of Peniche: "She is evil personified, she is evil in human form. She will hurt anyone she can to make money."

Peniche has also denied releasing the footage.

METRO NEWS SERVICES

Basterds best war flick ever: Brad

BRAGGART Brad Pitt thinks his latest movie, Quentin Tarantino's Inglourious Basterds, is the last word in Second World War movies.

"I believe that Quentin put a cover on that pot. With Basterds, everything than can be said to this genre has been said," Pitt told German magazine Stern. "The film destroys every symbol. The work is done, end of story."

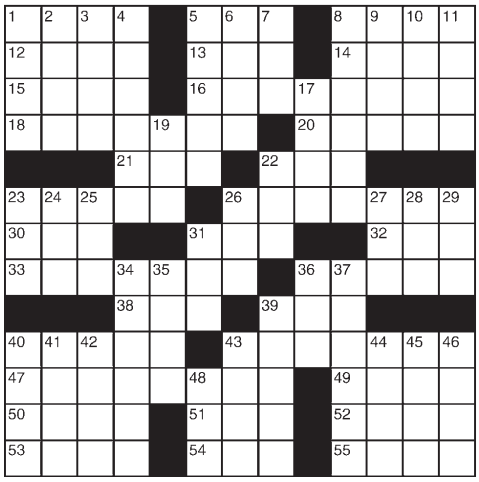
METRO WORLD NEWS

Today High-level clouds. 26 C / 7 C
Wednesday Sunny. 25 C / 9 C
Thursday Morning clouds. 28 C / 8 C

BT BREAKFAST TELEVISION

Andrew Schultz, Weather Specialist — Breakfast Television
"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta." WEEKDAYS AT 6 A.M.

Take Five



Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

	9		1		5			8
				8		9		5
				2		7	3	
	2						7	3
			9		8			
5	8						1	
	5	7		4				
1		9		6				
4			3		7		5	

1 Dictionary entry
5 Old bird of New Zealand
8 Request when playing Red Light
12 Burn soother
13 Quiche ingredient
14 Works with
15 Brothers and sisters
16 Late newsman Walter
18 Travellers' lodging
20 Title role for Michael Caine or Jude Law
21 Reproductive cells
22 Actress Joanne
23 Ill-humoured
26 Pilot's chamber
30 Annoy
31 Tend the lawn
32 Greek vowel
33 Jiminy, e.g.
36 Raise a glass to
38 Coop occupant
39 Fedora or derby
40 Less friendly
43 Hypodermic device
47 Sidewalk material
49 Partially mine
50 Trans-Siberian Railroad city
51 Sister
52 Error
53 Trawler gear
54 Modern-day evidence
55 Ticklish Muppet

DOWN

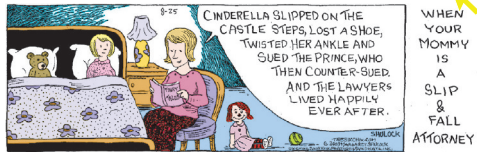
1 Cleanse
2 Hodgepodge
3 Filches
4 Tyrant
5 Home away from home
6 Fairy tale baddie
7 Past
8 Inuit boot
9 "Yeah, right!"
10 Abominable Snowman
11 "Understood"
17 DEA agent
19 Wall climber
22 Part of DJIA
23 First X or O?
24 Blunder
25 Tackle moguls
26 Barracks bed
27 Shell game item
28 "— Impossible"
29 Make lace
31 Chaps
34 Verifies
35 Actress Deborah
36 Pitch
37 Idle
39 Zoo howler
40 PC picture
41 Arrive
42 "Meet Me — Louis"
43 Dazzle
44 Void partner
45 Bleak
46 Hockey legend Phil, to fans
48 Conclusion

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

4	6	2	5	3	7	9	8	1
9	5	8	4	1	6	7	2	3
1	7	3	2	8	9	5	4	6
2	9	7	3	6	8	4	1	5
8	3	1	9	4	5	6	7	2
5	4	6	7	2	1	8	3	9
3	2	9	8	5	4	1	6	7
7	1	4	6	9	3	2	5	8
6	8	5	1	7	2	3	9	4

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca



Metro Recipe of the Day

Lemon Turkey with Couscous Stuffing

INGREDIENTS:
1 bone-in turkey breast (4 to 4 1/2 lbs/1.8 to 2 kg)
2 tsp (10 ml) olive oil
1 tsp (5 ml) lemon juice
1 garlic clove, minced
1/2 tsp (2 ml) grated lemon peel
1/4 tsp (1 ml) salt
1/8 tsp (0.5 ml) pepper

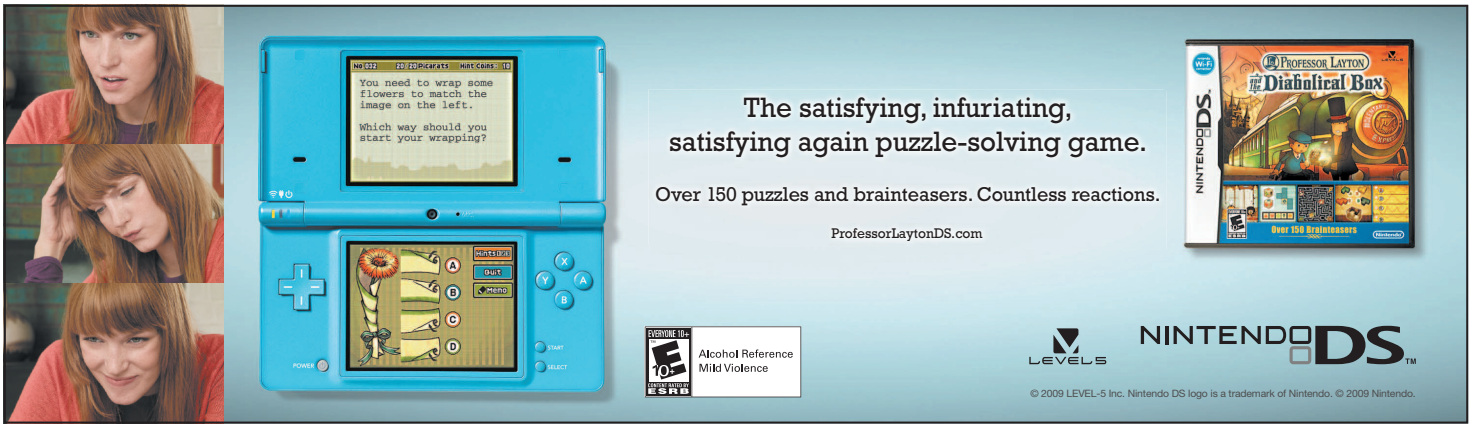
STUFFING:
1 1/2 cups (375 ml) boiling water
1 cup (250 ml) uncooked couscous
1 medium carrot, shredded
1/2 cup (125 ml) raisins
1/3 cup chicken broth
1/4 cup (50 ml) slivered almonds, toasted
2 tbsp (25 ml) minced fresh parsley

METHOD:
1. Carefully loosen turkey skin, leaving attached at back. Combine oil, lemon juice, garlic, lemon peel, salt and pepper; spread under turkey skin. Place turkey to one side in shallow roasting pan coated with nonstick cooking spray.
2. For stuffing, in bowl, pour boiling water over couscous. Cover and let stand 5 minutes or until water is absorbed. Add remaining ingredients; toss to combine. Spoon stuffing into other side of pan, shaping into 8-in. x 5-in. x 2-in. (20-cm x 13-cm x 5-cm) mound. Cover pan; bake at 325 F (160 C) 45 minutes.
3. Uncover turkey; leave stuffing covered. Bake 40-50 minutes longer or until meat thermometer reads 170 F (77 C). Cover turkey with foil and let stand 15 minutes before slicing. Serve with stuffing.

SERVES 8

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!



Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES ♈
MARCH 21-APRIL 20
Not everyone is as robust as you, so don't be surprised if someone reacts harshly to what you tell them.

TAURUS ♉
APRIL 21-MAY 21
You may be tempted to stick with what you know, but an adventurous approach will work wonders.

GEMINI ♊
MAY 22-JUNE 21
Something is going out of your life and you have regrets. But don't dwell on them. New opportunities are coming to you.

CANCER ♋
JUNE 22-JULY 22
You'll look back on today as a turning point in your life. You'll have the energy to reach out for those lofty objectives.

LEO ♌
JULY 23-AUG 23
It doesn't matter how open and straightforward you may be, the information you have is too dangerous to tell others about.

VIRGO ♍
AUG 24-SEPT 22
It's not like you to be impatient but you've had your fill of playing games just to please others. Friends can be changed.

LIBRA ♎
SEPT 23-OCT 23
Today's cosmic setup means that you know what you want — and one way or another, you will get it.

SCORPIO ♏
OCT 24-NOV 22
The entry of Mars into the most adventurous area of your chart makes a great time of year for getting things done.

SAGITTARIUS ♐
NOV 23-DEC 21
Cosmic activity in one of the more secretive areas of your chart urges you to be careful about what you reveal.

CAPRICORN ♑
DEC 22-JAN 20
Get serious about a relationship or end it. The other person wants more than a friendship, but what do you want?

AQUARIUS ♒
JAN 21-FEB 18
Are you using your energy wisely? If certain tasks are tiring you more than you expected you are doing too much.

PISCES ♓
FEB 19-MARCH 20
You may be impatient to get started on all those projects you've got lined up but for best results you must be selective.

AIR CANADA VACATIONS

Quick getaways from $747

DEALS to EUROPE

London
Hotel Ibis London Earls Court • 3★
Breakfast
Standard rm.
Oct. 6, 7, 15, 21, 22 & 26 • 3 nts.
$747
Taxes & fees: $475

Paris via Toronto / Montreal
All Seasons Paris Gare Est • 3★
Breakfast
Standard rm.
Oct. 1, 4, 7, 15, 16, 23 & 29 • 3 nts.
$767
Taxes & fees: $428

DEALS to the WEEK

A FREE **Disney quick-service dining plan** when you book the following 5-night / 5-day package including accommodations and theme park tickets; plus roundtrip airfare.*

Orlando via Toronto
Disney's Pop Century Resort • 3★
Special offer standard rm.
Nov. 5, 11 & 12
5 nts.
$1139
Taxes & fees: $150

Santa Clara
Barceló Cayo Santa Maria • 4★
All-Inclusive • Junior suite
Aug. 30 • 1 wk.
$679
Taxes & fees: $218

Meliá Las Dunas • 4★
All-Inclusive • Standard rm.
Aug. 30 - Sept. 6 - 27 • 1 wk.
$769
Taxes & fees: $218

Antigua via Toronto
Jolly Beach Resort & Spa • 3 1/2★
All-Inclusive
Standard oceanview rm.
Nov. 1 - 22 • 1 wk.
$1579
Taxes & fees: $259

Cancun / Riviera Maya
Occidental Grand Xcaret • 4 1/2★
All-Inclusive
Supersaver deluxe rm.[1]
Oct. 3, 10 & 17 • 1 wk.
$869
Taxes & fees: $284

Gran Bahia Principe Tulum • 5★
All-Inclusive • Standard rm.
Oct. 3, 10 & 17 • 1 wk.
$889
Taxes & fees: $284

Los Cabos
Crowne Plaza Los Cabos Grand Faro • 4 1/2★
All-Inclusive
Deluxe oceanview rm.
Dec. 19 • 1 wk.
$1499
Taxes & fees: $272

DEALS on CRUISES

Royal Caribbean International[2]
Radiance of the Seas
Mexican Riviera
Non-stop flights to San Diego
All meals included
Oceanview stateroom, cat. H
Oct. 4 • 5 nts.
$789
Taxes & fees: $199

Mariner of the Seas®
Mexican Riviera
Non-stop flights to Los Angeles
All meals included
Promenade stateroom, cat. PR
Dec. 6 & 13 • 1 wk.
$969
Taxes & fees: $185

Earn up to 9,050 Aeroplan® Miles per member†

Executive Class® service from only $299 extra[3]

aeroplan

CONNECT FREE[4] • Edmonton • Lethbridge • Nanaimo
Regina • Saskatoon • Kelowna • Kamloops

More great deals at
aircanadavacations.com

Departure taxes are extra and must be paid locally: Costa Rica, 26 USD cash; Cuba, 25 CUC cash. Prices in this ad are valid for bookings made between Aug. 25 & 29/09, inclusive. Prices are per person based on double occupancy, unless otherwise stated, from Calgary International Airport. New bookings only. Subject to availability. Not applicable to group bookings. Sale prices reflect applicable reductions, are subject to change without notice and cannot be combined with any other offer or promotion. Flights operated by Air Canada. For applicable terms and conditions, consult the Air Canada Vacations brochures. †Aeroplan Miles are not actual miles, but points towards rewards including travel rewards. Unless otherwise indicated, Aeroplan Miles indicated are based on roundtrip Economy class per passenger from Calgary to Paris via Toronto, are awarded on flight-inclusive travel only, and are per Aeroplan member. For the amount of Aeroplan Miles that can be earned when flying to other destinations, visit www.aircanadavacations.com. For terms and conditions of the Aeroplan program, consult www.aeroplan.com. ■ *Excludes gratuities, alcoholic beverages and children ages 3-9 must choose from the children's menu, if available. Advance reservations required. No groups rate or other discounts apply. Tickets are for one Theme Park per day and must be used within 14 days of first use. Everyone on the room must be on the same package and ticket options. Please note that you Disney dining plan and theme park tickets are loaded onto you room key-card, which you will receive at check-in. [1]Xcaret park entrance not included with this room. [2]Royal Caribbean International Ltd. ships' registry: The Bahamas. [3]Available on select flights. Full details available at aircanadavacations.com/executiveclass. [4]Available in conjunction with flight-inclusive packages. Non-stop flights via Calgary. Excluding USA & Europe destinations ■ ®Aeroplan is a registered trademark of Aeroplan Canada Inc. ®Air Canada Vacations is a registered trademark of Air Canada, used under license by Touram Limited Partnership. Visit www.aircanadavacations.com for up-to-date information.

Call toll-free to be connected to your nearest AMA location **1-866-989-3293**

Experience CAA AMA Travel

AMATravel.ca